



TIMOTHY HACKWORTH
PRIMARY SCHOOL
On The Track To Success!

Newsletter

ISSUE 29

**April 2019
Spring Term**

School closes for teaching on Friday 5th April and reopens for teaching on Tuesday 23rd April

Attendance Update

CRC Article 28 – All children have the right to a good quality education. At the end of the Summer Term, there will be a selection of new prizes to reward children and their families for their good attendance. Watch out for a Fabulous First Prize for a family trip to a Theme Park!

Year 6 teachers have recently held a parents' meeting for the Year 6 pupils. This meeting was in preparation for the SATs week which will take place during the week beginning 13th May. A Powerpoint full of information was sent to all parents and this has also been uploaded onto our school website.

One-Way System – Please Help!

CRC Article 19 - All children have the right to be safe.

An increasing number of drivers are choosing not to use the voluntary one-way system. This is for your children's own safety.

Please use the voluntary one-way system to help to avoid any nasty accidents.

Please help us to keep your children safe.

A Message from Mrs. Boulton

Dear Parents and Carers,

Welcome to our Newsletter. I am sure that you will enjoy reading all about the exciting learning that the children have been involved with this half term.

The Police Commissioner, Mr. Ron Hogg, visited our school recently, as we were keen to show Mr. Hogg the ongoing parking and traffic issues that we face on a daily basis. Mr. Hogg is supporting our school with this. Please ensure that the voluntary one-way system is used to help to avoid unnecessary congestion around school, and to help to keep your children safe.

We hope you enjoy reading our Newsletter. I wish you a very Happy Easter.

Mrs. Boulton

Staff Training Session – Prevent

CRC Article 19 – All children have the right to be safe.

Our staff recently attended a training session in order to help your children, our staff, Governors and wider community to keep safe.

This involves being extra vigilant and reporting any concerns to the Police in order to prevent any threats to our community in the town and our school.

You may have heard of the word 'Prevent' from the News and on social media. 'Prevent' means doing everything we can to keep everyone around us safe.

Keeping your children safe is of paramount importance to us at Timothy Hackworth.

If you have any concerns about safety in our town, please contact the Police, or share with a Safeguarding Lead in school.

To remind you, our Safeguarding Leads in school are:

Mrs. Boulton, Mrs. Slattery, Mrs. Reid, Mrs. Kozlowski and Miss Stainsby.

Well done!!

Pupil of the Week Awards

1T— Jason M, George K, Georgia D, Laila B, Charlie N, Harry D, Jessica H, Finley P
1H— Kalen R, Jack V, Logan B, Bobby H, Lucas S, Carter B, Harry T, Gracie W
2T— Taylor S, Joe CW, Cody W, Jayden E, Froylan B, Dylan SB, Reece A, Lexi K
2H— Isobel A, Jake J, Matilda W, Ellie-Rose F, Lacey B, Harley G, Lucy J, Summer R
3T— Thomas V, Spencer LC, Hollie L, Summer C, Tiana S, Katie L, Blossom L, Kate T
3H— Mason J, Stevie T, Sophie M, Taylor D, Chloe H, Scarlett D, A'mira H, Whole Class
4T— Maddison B, Connor S, Jacob W, George H, Tyler R, Cameron R, Rhys W, Brodie W
4H— Sam W, Alice F, Lennon B, Ria-May N, Isaac H, Kenzie B, Oscar B, Dante W
5T— Asena B, Brooke K, Joseph B, Tyler B, Beau S, Asena B, Tia-Leigh B, Ellissa D
5H— Cameron T, Emily B, Lukas K, Adam H, Kai W, Everyone who finished their 500 word story, Belle JS, A group of children who visited Greenfield
6T— Danny W, Cameron G, Wiktorina W, Marco H, Matthew H, Rylee B, Zak H, Alicia B
6H— Connor T, Kai K, Tyler W, Jessica B, Dean W, McKenzie K, Ethan D, Ethan D

Lunchtime Superstars

Isaac H, Taylor-Jay LF, Charlie B, Mason M, Ela Star H, Kyle W, Ellissa D, Shannon D, Belle JS, Kobi L, Wiktorina W, Zane C, Declan C, Leighton B, Marco H, Phoenix H, Hope C, Summer C, Kai W, Jessica H, Rihanna A, Jacob W, George K, Nathan W, Connor G, Reece P, Emily S, Kyle W, Charlie B, Lucy H, Kaelem T, Rueben B, Jessica B, Kyle W, Laila B, Logan B, Marco H, Ruby C, Ella J, Kara S, Shannon W, Jack V, Kyle W, Jessica B, Lovina B, Mason M, Dylan T, Blossom L, Thomas P, Taylor-Jay LF, Brooke SB, Logan-Ray P, Millie W, McKenzie R, Kate T, Harry M, Connor S, Audrey-May B, Jack V, Rossi D, Charlie B, Isabelle A, Cody B



Well Done!!

Reading Champions

1T - Charlie N, Lucy O, Tianna-Marie K, Daniel A, Kieran H, Jason M, Lola-Mae T, Daniel A

1H - Logan B, Isabelle M, Maisie M, Lovina B, Logan B, Lucas S, Cameron J

2T - Serephina LH, Taylor S, Zipporah B, Rosa Leigh B, Darcy D, Olivia B, Reece A, Joe CW

2H - Kye O, Oliver C, Lucy J, Ben B, Sienna A, Adam D, Leon W, Sienna A

3T - Blossom L, Reece T, Sophie B, Shania S, Kate T, Ella-Rose LF, Talisah M, Lauren M

3H - Hope H, Mason J, James C, Joseph W, A'mira H, Leon B, Chloe H, Stevie T

4T - Charlie A, Taylor-Jay LF, Cole G, Ella D, Zak C, Tyler R, Jayden T, Ewan T

4H - Adam P, Riley S, Dylan T, Alex A, Ambrose B, Brooke N, Alfie J, Lennon B

5T - Harry M, Scarlett B, Beau S, Georgia-Mae G, Tyler B, Joseph B, Lilly Rose F, Harry M

5H - Belle JS, Alfie W, Lucas E, Connor R, Alfie W, Cameron T, Belle JS

6T - Tyler F, Danny W, Lily H, Cameron G, Harry S, Tiah S, Marco H, Shay D

6H - George B, Michaela F, Billy T, Peter-John C, Logan-Ray P, Michaela F, Sophia B



Playground Improvements for Hackworth Park, Shildon

CRC Article 12: All children have the right to be listened to.

The Nursery children have used their pupil voice to vote on the playground that they would most like to see in Shildon.

Kath Regan, Community Development and Project Support Worker, brought three visual plans for the children to examine whilst talking with them about the playground options. Parents were asked to vote at the end of the school day too.

The children were most enthused at the prospect of a new playground and the feedback from parents was also really positive. It is always lovely to hear about improvements planned for the town and even better to be a part of the consultation process.



Calling all singers! Welcome to the Shildon Supremes!

CRC Article 29 – All children have the right to develop their talents and abilities to the full.

CRC Article 31 – All children have the right to relax.

We are delighted to be able to offer an After School Club, 'The Shildon Supremes' which will take place on a Monday 3.30 – 4.30 p.m. starting from Monday 13th May for children in Years 3 - 6.

A Music Specialist will be leading the Club each week to help children to have their right to enjoy their musical talents and abilities!

The children performed Katie Perry's 'Chained to the Rhythm' during a special Assembly recently, where they raised the roof with their voices and actions!

Places are limited and on a 'first come first served' basis. Send your replies in straight away!

Attendance Matters – Your Children Tell Us!

CRC Article 12 – All children have the right to an opinion.

CRC Article 28 – All children have the right to a good quality education.

We recently met with a group of children from Reception to Year 6 about our school attendance. The children were able to talk very articulately about our school's attendance and the importance of every child at Timothy Hackworth having their right to learn.

The children also shared some new ideas. They decided that classes who win the Attendance Trains prize should have the choice between a Choc-Ice Playtime and a Sweet Treat Playtime. As a result of the children's pupil voice, a choice will now be provided for those classes with the highest % attendance.

Attendance Information

CRC Article 28 - All children have the right to a good quality education

We are always looking for ways to improve attendance at Timothy Hackworth. The Attendance Working Party always discuss issues including lateness, persistent absences and holidays taken during term time, at each meeting.

Local M.P. Helen Goodman has kindly agreed to attend a forthcoming meeting to hear our concerns and, where appropriate, carry our questions to Parliament. Our school has also made a link with Hays Travel, in Shildon, through the Community Partnership Initiative. Each time your child attends a full week of school over the Summer Term they will be entered into the attendance prize draw. At the end of the term the child who has their name picked out will receive a fantastic prize from Hays Travel; tickets for a family day out for four people.

Hays Travel are also continuing to offer 10% discount to families who book holidays over the summer break. If you have any ideas of ways to improve attendance please let a member of the Office Staff know, your ideas are always welcome and we are always keen to add more members to the Attendance Working Party.

Bernadette Cooper (Bernie), a parent from our school, is taking part in the Great North Run this year to raise money for the Cleft Lip and Palate Association (CLAPA), a U.K. charity which helps those with, and affected by, cleft lip and palate. If you would like to support Bernie by sponsoring her you can go to her Facebook page or the What's on in Shildon page and follow the link.

Alternatively, there are sponsor forms in the School Office. Please help to support Bernie for such a worthwhile cause. www.clapa.com.

Article 28: All children have the right to a good quality education.
All children have the right to be the best that they can be.

Y6 SATs Parents Meeting.

On Wednesday 6th February at 6pm, parents of our Y6 children attended a meeting, organised by Mr. Wilcox and Mrs. Reid, to find out more about end of KS2 SATs. All children in Y6 have to take these special tests in Maths, Reading, Spelling, Punctuation and Grammar. At this meeting parents were able to find out more about the tests and the types of questions that they would include. There were even some examples to look at. Parents were also given ideas of what they could do to support their children in the build up to these tests. They were also given free revision books to help with preparations. Thank you to all parents who attended and made this meeting a very productive and useful one. If you were unable to attend this meeting, and would like more information, please contact the main office. Please note also that revision books have been sent home with children or given out at parents meetings.

Parents Meetings for New Starters.

Parents of prospective new children into Reception in September 2019 were invited to meetings in February at Timothy Hackworth. Several parents took the opportunity of finding out information on:

- the procedures when the children start school
- how the children are taught in Reception
- how the school day is made up
- the Early Years Curriculum
- daily routines in school
- high expectations of the children and parents

Parents had the opportunity to look at work carried out by the present Reception classes in their Maths and Literacy books and class Learning Journeys. They were able to look around the Reception classes and given the opportunity to ask questions. Parents were given a folder containing the school brochure about Reception and the children were given a picture book.

SEND (Special Educational Needs and Disabilities) Parents Advisory Group.

The SEND Parent and Carers Advisory Group meets once every half term to discuss all areas of SEND in school. The purpose of the group is for parents and carers to work with school, in a co-productive way, to improve and develop SEND systems, improve communication, share concerns, learn about the services that work with school and to raise the profile of SEND within school and beyond. Areas for discussion are decided by the group and guest speakers may be invited along, for example Educational Psychologists, SENDIASS, the SEND and Inclusion Service or Speech and Language Therapists. Meetings are informal and friendly and are held in the Sure Start Building next to the staff car park.

The next meeting is on Tuesday 7th May at 9.00 a.m. and the main focus will be on SEN Support Plans. Come and join us for a cup of tea and a biscuit and help us make a difference to SEND provision in our school. Contact the SENDCO, Mrs Kozlowski, via the School Office for more information, or just turn up on the day.

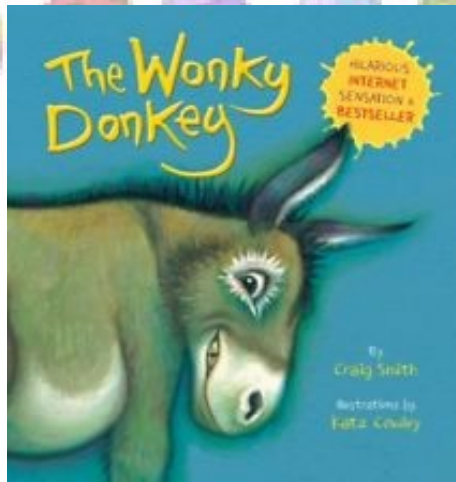
Article 23: all children have the right to live a full and active life and to be included in all parts of the community with dignity and independence.

Nursery Library Visit World Book Day 2019

CRC - Article 28 - All children have the right to a good quality education.

Our children always enjoy visiting Shildon Library and on World Book Day 2019, we were invited to attend a special storytelling session. Elaine, the Librarian, shared two lovely stories with us and encouraged the children to participate in recalling the text. Our favourite was definitely, the hilarious story of *The Wonky Donkey*, by Craig Smith, Hee, Haw!

Thank you to all the family members who gave up their time to walk with us to this venue. As always, the support we receive to go on these trips in our local community is much appreciated.



Year 3 Enterprise Party

Year 3 chose to provide a service rather than manufacture a product for their enterprise project this year.

The pupils of 3T and 3H formed a co-operative, sharing ideas for an event that we could all enjoy. As we all had so much fun at our Christmas party, another party was a popular choice.

The children shared ideas, agreed on ticket prices, activities and refreshments and then researched the best deals on resources.

The party itself coincided with World Book Day so many children chose to stay in character for the party, with other pupils opting to quickly change into their party clothes.



We enjoyed lots of dancing, Musical Bumps, Corners, Pass the Parcel and two very energetic and competitive games of Musical Chairs!

We await Lord Sugar's call as we work out our profit...



Thank you to The School Choir

Our fantastic School Choir recently performed three songs for a Governors' Meeting that included a focus on music within Timothy Hackworth School.

The Governors thoroughly enjoyed the children's singing; with everyone expressing how lovely the Choir sounded.

Mrs. Crook, Chair of Governors, commented that this had been the best start to a meeting she had ever attended!

Mrs. Meadows explained that the children had enjoyed performing and sharing some of their favourite songs with a new audience.

Thank you to all the children involved and also to Mrs. Bainbridge and Mrs. Meadows for leading the School Choir so brilliantly.



Book Fair

CRC – Article 31 Every Child has the right to take part in a wide range of activities.

At Timothy Hackworth Primary School we recognise that reading is a key area of developing our children's knowledge and imagination. This is why each year we invite the Book Fair into school as it is a celebration of reading that puts the very best books directly into our children's hands. Our school was supplied with mobile bookcases packed with over 200 of the newest and best books, plus some exclusive books that you can't see in the shops. Our Book Fair was a great success and enabled us to purchase extra reading resources for our newly rejuvenated library, for all of our children to enjoy. Some of our children won books from the Fair for being most improved reader, within their class. The children were thrilled to be able to choose a book and a lot of thought went into the choice of book they would like. We would like to say a great big thank you to all who attended our Book Fair and supported our school.



Class 4H Bake Sale

A small group of children in Class 4H decided to do a Bake Sale to raise some money because we knew that schools don't always have spare money to buy nice things. We wanted to do something so that we could buy something that would benefit children at Timothy Hackworth. Firstly, we asked Mrs Boulton if we could do a fundraising Bake Sale. Next, we deigned posters, printed them out and put them around school. At home, we did lots of baking and also asked Daniel if he could help out as we know he and his Grandma make great cakes! The Bake Sale went very well and we were busy at playtime, in the afternoon and even after school, selling everything.

We made over £80 and presented this to Mrs Boulton in our Celebration Assembly.

We are going to use the money to buy some lovely new books and hopefully some beanbags to make a cosy reading area.

Thank you to everyone who bought a cake or a cookie.

Alice Foster, Joe Dixon, Brooke Nellis and Daniel Best.



Show
Racism
the Red
Card

Year Focus on Equality

This month, Year 5 had a visitor from an organisation called Show Racism the Red Card. We found out about why equality for people of all races is important, how inequality came about in the first place and what we can do to ensure that everyone has the right to be treated equally. As part of this, we discussed use of appropriate, respectful language.

RRS Article 7: you have the right to a nationality
Article 14: you have the right to your own religion



World Book Day at Timothy Hackworth Primary School

Reading Resilience

A member of each class was chosen to win a Golden Ticket for being 'The Most Resilient Reader'. These children then swapped their Golden Ticket for a book of their choice from the Book Fair. The winner of the Golden Ticket could have been a child that reads lots, has made lots of progress or tries to read a variety of texts.

The winners of the Golden Tickets were:

- 6H - Millie S.
- 6T - Jonnylee P.
- 5H - SJ O.
- 5T - Ellissa D.
- 4H - Alfie J.
- 4T - Kai S.
- 3H - A'mira H.
- 3T - Kate T.
- 2H - Sienna A.
- 2T - Ruby C.
- 1H - Faith P.
- 1T—Gracie W.



Staff Reading

Pupils took part in a quiz which involved staff members with their heads covered by their favourite book. The children then had to work in teams to guess which member of staff it was.

Parents and Reading at Home

An Extreme Reading Competition was set where parents could email photographs of their children reading in wacky places and positions. The photos were then judged by Mrs. Boulton and Mrs. Slattery and prizes were given out to winners.

The winners were:

- Noah H.
- Peter-John C.
- Evan O.
- Lucy O.
- George B.
- Kate T.
- Luna H.



Reading into writing

Pupils have also been involved in some writing linked to the World Book Day theme of 'Share a Story'. A Timothy Hackworth Supervillain was created who was stealing all of the stories and books from our school. Children were asked to write a story about how they would stop the villain. Some classes wrote letters, some classes wrote a fictional story and other classes shared their story through drama.

Parade

The whole school took part in a World Book Day Parade at 3pm to show off their fantastic World Book Day costumes.

Your Growing Healthy Team are here for all children and young people, providing support, encouraging healthy lifestyles and protecting those who are most vulnerable.



FUSSY EATING

How you can help your child

Many children go through phases of refusing to eat certain foods or at times refusing to eat anything at all. This is a normal stage in young children as they become wary of new foods. They need time to learn to like them. Food refusal is often a way of showing independence and is a normal part of growing up.

It is natural for parents to worry about whether their child is getting enough but as long as they are active and gaining weight then they are getting enough to eat.

Eat meals together, preferably at the table away from distractions such as toys and television



Make mealtimes enjoyable - talk to your child about their day

Offer the same food as the rest of the family

Don't force them to eat; if they don't eat then remove the food calmly but don't offer an alternative

Offer small portions and include at least one food you know your child likes; give lots of praise for trying new foods even if they only manage a small amount

Present foods in a fun way and use colourful plates and cutlery

Your child may be a slow eater so be patient

Don't leave meals until your child is too hungry or too tired to eat

Don't offer too many snacks between meals - offer water or milk and slices of fruit

Tastes change - one day they might hate something but a month later they might love it



Offer a range of foods from the main food groups including:-
milk and dairy
meat, fish or other proteins
bread, pasta, rice, potatoes
fruit and vegetables

It is particularly important for picky eaters to have children's vitamin drops until the age of five

Useful websites for more information

<http://www.gosh.nhs.uk/medical-information/general-health-advice/food-and-diet/fussy-eaters>

<https://www.bda.uk.com/regionsgroups/groups/paediatric/resources>

https://www.rbkc.gov.uk/pdf/fussy_eaters.pdf

If you would like further advice and support on this or any other health topics please free to contact the school nurse team. **School Nurse team telephone number 03000269036**

Red Nose Day

CRC Article 19: All children have the right to be safe.

CRC Article 24: All children have the right to a nutritious diet.

CRC Article 23: All children have the right to special care and support if they are disabled.

RED NOSE DAY



On Friday, 15th March, the children and staff took part in a non-uniform day for Red Nose Day. They all wore their red noses with pride! Thank you for all of your donations. We managed to raise £183.85 to support Red Nose Day which is absolutely fabulous and will go a long way to supporting the rights of children who are in need.

Mini E-Cadets

This term with our E-cadets we have introduced our new 'Mini E-cadets'.

Our group from Years One and Two consists of:

Daniel A.

Noah H.

Gabriella R.

Lucy J.

Amelia S.

Caitlin R.

Bobby H.

Emily M.



The Mini E-cadets have already undertaken their training to complete their first challenge in their classrooms teaching their classes about safe websites.

A brilliant well done to our brave Mini E-cadets!

Our other E-cadets in our school have their next challenge ready to undertake for Internet Safety week.

We worked together and came up with the idea of making our own poster to show children how to keep safe on line.

Children will undertake this training shortly.

Feedback from meeting with children in our school.

On Tuesday 12th March, representatives from every class in our school met up with Mrs Crook, (our Chair of Governors), Mrs. Boulton, Mrs Slattery and Mrs. Hill (Computing and Online Safety Lead) to discuss how to keep ourselves safe online in our school.

Children from Reception to Year Six attended the discussion and gave feedback of how we manage our safety in school. The children gave really good feedback of how to keep themselves safe online.

They had really good feedback of the work E-cadets do in their classrooms and enjoy the activities they participate in.

We like bananas, we like to buy Fairtrade!



CRC Article 28 - All children have the right to a good quality education.

The Nursery children found various Fairtrade products when shopping at the local Co-op. We have subsequently used many of the Fairtrade ingredients to make various tasty treats, including banana flapjack, pancake toppings and red nosed cakes!



Back at Nursery the children have also enjoyed role playing the shopping experience and learning a Fairtrade song to share with friends and families during our Celebration Assemblies.



School Governor Update

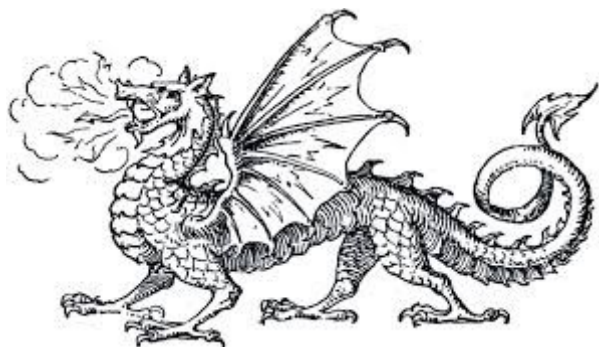
What do the School Governors do?

Our School Governors work closely with Mrs Boulton to ensure the children receive the best possible education. Together with Mrs Boulton they set the school's aims and policies and the school's strategic direction. Discussions, decisions and actions for Governors focus on pupils' wellbeing, curriculum, standards, data and assessment, admissions, school finance, staffing matters, use and condition of premises and organisational changes. The full Governing Body meet at least once every half term. Governors also visit the school to carry out monitoring visits; this enables them to find out more about what is happening in school. The Chair of the Governors also meets regularly with Mrs Boulton. *CRC Article 28 – All children have the right to a good education.*

Our Governors held the second of their Spring Term meetings on Wednesday 13th March when Governors discussed current education issues and received and considered a report from Mrs Boulton about the school's current position, and its progress. As part of an update about the teaching of music in school, the Governors were delighted to welcome the school choir to their meeting. Everyone enjoyed the wonderful singing and many compliments were given. Governors would like to say thank you again to the choir, you were all fantastic, and also to the choir vocal coaches, Mrs Bainbridge and Mrs Meadows. *CRC Article 28 and 29 – All children have the right to an education that develops their personality, talents and abilities to their fullest potential.*

Following an invitation from the School Governors, Mr Ron Hogg, the Durham Police Commissioner, recently visited the school to look at the traffic and parking problems. Mr Hogg was impressed with the actions that the school has already taken to improve road safety outside of the school but agreed that there was still a significant problem with traffic and parking at the beginning and end of the school day. Mr Hogg agreed that the voluntary one-way system was making a positive difference and hoped that everyone would continue to use this to improve congestion and safety. Mr Hogg will be considering our situation and follow up meetings are to be arranged to further discuss ways of improving the road safety outside of school. In the meantime, please continue to support us by using the one way system, keeping speeds low and parking away from the school. Thank you for your help with this. *CRC Article 19 – all children have the right to be safe.*

If you have any questions you can email the governing body at timothyhack-worth@durhamlearning.net or hand in a letter to the School Office.



5H have been extremely busy writing this term. Their enthusiasm, and that of 5T, for creating stories for entry in the BBC's 500 word competition has been fantastic.

5H were the lucky recipients of a dragon's egg and a range of wonderful related texts. They have used this to create a set of crime thrillers that really demonstrate their progress as writers. Below are some extracts and one complete story written by the children. More will be published on our website. Such able writers!

In the dark but moonlit classroom, the dragon thief, AKA Rully, stands outside the door. He grunts as it clicks open revealing the Bronze Age man, wearing mud coloured mammoth hide. Slowly, he creeps into the room in long silent strides. His square scar covered face is a horror to look at with slashes from Bronze Age beasts. His balding head is covered in coarse hair and his nails are long and sharp and could easily slice you. On his back was a dangerous spear that could cut through you. The rigid nose sniffs the air until he finds the dragon books. All of the books are already in the bag within a matter of seconds.

As the dragon thief hops away, an alarm trips and a bell rings. Soon after, the police sirens wail. As they chase down the dragon thief, he launches his spear into a police officer's chest – cutting through him. They fire bullets in his direction but whatever magic he has repels them. Luckily, the police run after him and – with many struggles – apprehend Rully the dragon thief.

Clink, clonk as the door on the cell is closed capturing the dragon thief inside. He tries all his spells but none work. Somehow, the Government has made an anti-magic prison – home to the likes of many evil wizards. There was one spell he hasn't tried ... He chants, "Doski, Doski, Dosbie ..." until a blue portal appears and he is gone. Will he rise again? **Lucas E.**

As the dragon egg thief crept out of his home, in the middle of the night, and tiptoed to the school, he lurked in the shadows. Cautiously, he gently and quietly, leaped over the school fence. The thief pried open the door with his baton and slowly tiptoed up the stairs as his feet crunched up in his obsidian black shoe. The thief eventually got into the hallway of 5H and peaked into the window. **Maddie L.**

Between, six night, one hundred dragon artefacts went missing and no trace was left and only one egg is left. It was dead and dark and dark outside. This was the perfect time for a crazy physco to strike. He would sneak in using the shadows. The unknown man, made the door open slightly before he got what he came for. He ran through and behind the shadows. There it was, glistening in the moonlight and he dashed for it and we caught a glimpse of him. Pure robot like arm, killer instinct, red and green hair and eyes. He wasn't going to stop, and with a click, blink and snap he vanished into smoke and went into the dark, damp night. **Alfie W.**

How to Help Your Child/Children Develop and Maintain a Growth Mindset for Learning.

1. Have daily learning discussions.

At dinner, in the car or at bedtime take time for both the children and parents to share the answers to these types of questions:

“What did you learn to day?” (So much better than, “How was your day?”)

“What mistake did you make that taught you something?”

“What did you try hard at today?”

2. Give feedback on process only.

Praise effort, persistence, strategies, seeking challenges, setting goals, planning, or using creative strategies.

Praising personal abilities like being smart, pretty, or artistic can be counterproductive.

This kind of praise actually can lead to a loss of confidence since children won't be smart at everything. They'll doubt their ability to be good at something that is difficult initially.

3. Do you know brains can grow?

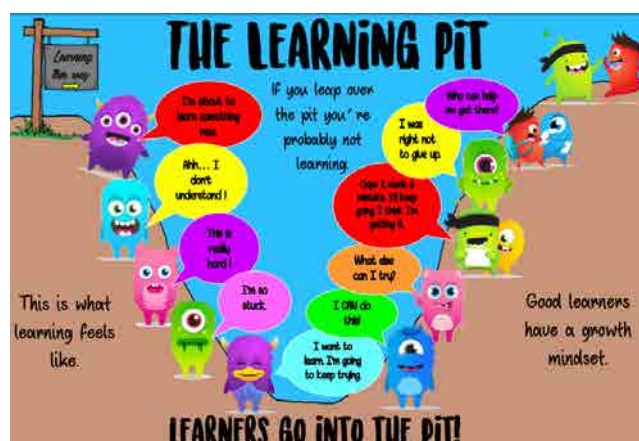
Explain to children how the brain can grow stronger and that intelligence can improve throughout your life. Intelligence is not fixed. It's changeable. This is called brain plasticity. What's more, learning CHANGES our brains. Children need to know this is possible.

4. Encourage risk, failing, and learning from mistakes.

Now is the time to let our children risk and fail. Failure teaches our children important life lessons. For one, it's how they learn resilience.

But we often want to prevent our children from failing, from feeling upset or sad.

We must let our children fail now so that they can strengthen their growth mindset muscles. If we don't, they will be adults with no perseverance, with no belief in their abilities to work hard and succeed.



<https://www.mindsetworks.com/parents/growth-mindset-parenting> For more really great and thought provoking, but easy to follow, information and video clips that are firmly rooted in accepted academic research.



FREE EASTER HOLIDAY ACTIVITIES

Monday 15 April - Thursday 18 April 10am to 3pm
Shildon AFC, Dean Street, Shildon

Keep your children active this Easter by booking
a place for them on our school holiday club

- Open to girls and boys 8-12 years
- Healthy lunch provided by Salvos Italian, Main Street, Shildon
- Train with players from Shildon AFC including captain Ben Trotter
- Fun packed sport activity days
- Receive coaching from the Foundation of Light coaches
- Take home a Shildon AFC shirt at the end of the week

INCLUDING
FAMILY
FUN DAY



To book your place:

✉ foundations@livin.co.uk

☎ 01388 778 077

Visit: Foundations Building,
Church Street, Shildon

In partnership with

Livin



**FOUNDATION
OF LIGHT**

THE WORLD AT YOUR FEET