




**Why do YOU  
wear a Poppy?**





**2019 marks 100 years since the first two-minute silence was observed on Armistice Day, 11 November 1919.**





They shall grow not old,  
as we that are left grow old:  
Age shall not weary them,  
nor the years condemn.  
At the going down of the sun  
and in the morning,  
We will remember them.

