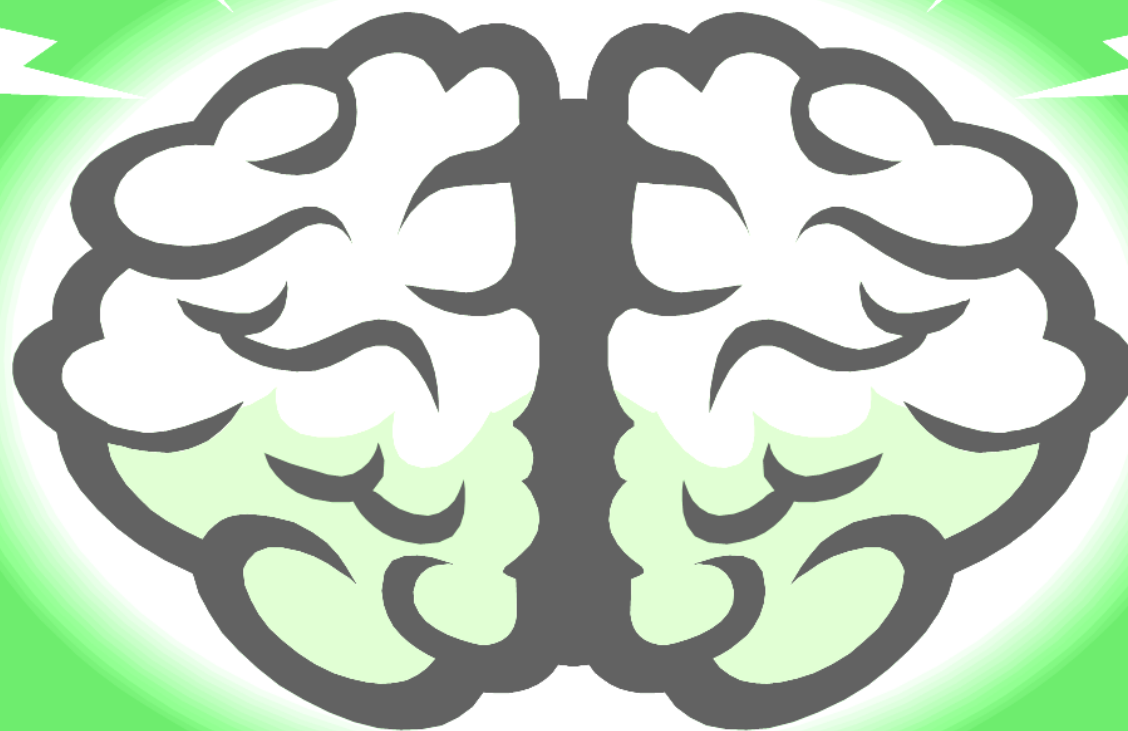


Your

**AMAZING**



**brain**



# Neuro-plas-ticity

Neuroplasticity' is the word scientists use to describe how the brain works.

Every day it creates new connections, and every day it gets rid of connections that are not used very often.



So if you can't remember....

$$7 \times 8 = ?$$



... maybe you haven't practised your tables  
enough!

(The answer got disconnected)



# The good news

Luckily, unless it gets severely damaged, your brain is able to change, adapt, and 'rewire' itself throughout your whole life!



# Hurrah!

With **persistence**,  
**effort**, and a  
**focus on learning**  
**You CAN develop your  
intelligence.**



# But....

... people who believe that that they have a limited amount of intelligence do not do well.

They don't believe that they can be successful, so they give up and don't put in the effort.

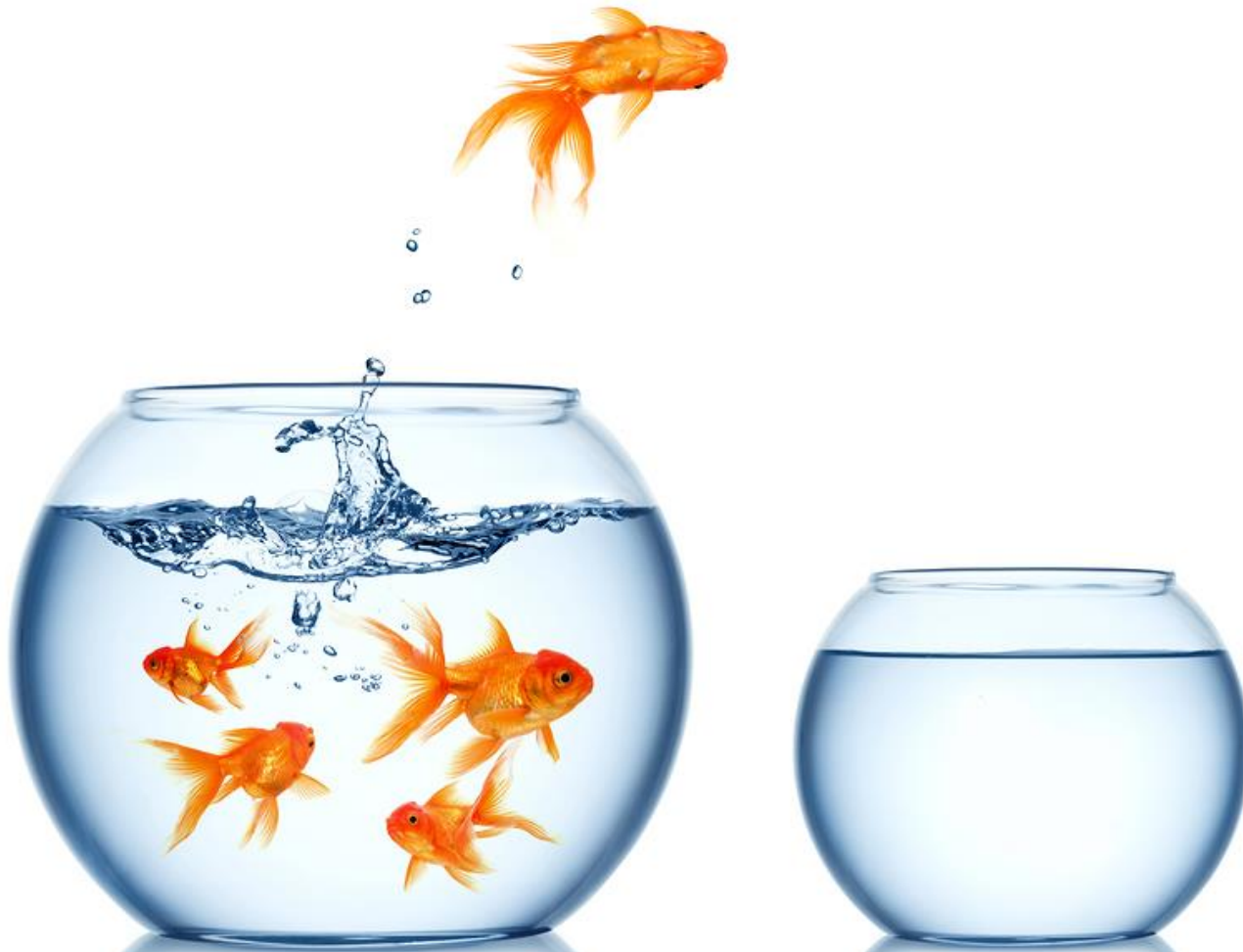
It's what we call a

**self-fulfilling prophecy**



# Do you have a fixed mindset?







You never really fail in  
anything until you  
decide to give up!



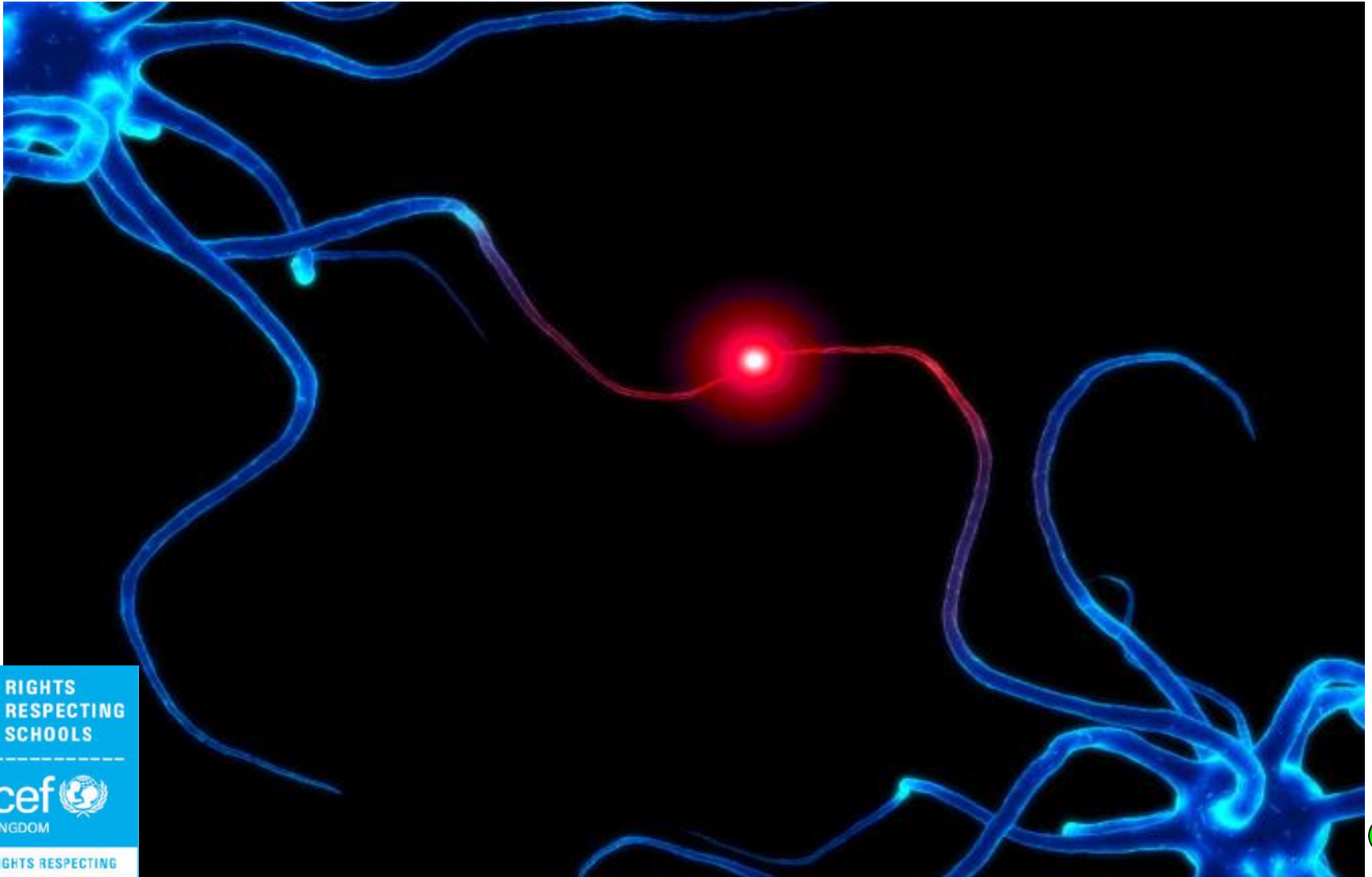
**So ... here are**

# **FOUR GOLDEN RULES**

**to help you get the most from  
your amazing brain:**



# 1. Keep working hard and using your brain ...



## 2. Don't listen to your brain's negative thoughts... You **CAN** do it!



Our minds can easily exaggerate problems making them seem more difficult than they actually are.



# 3. Remember that difficulties help us improve

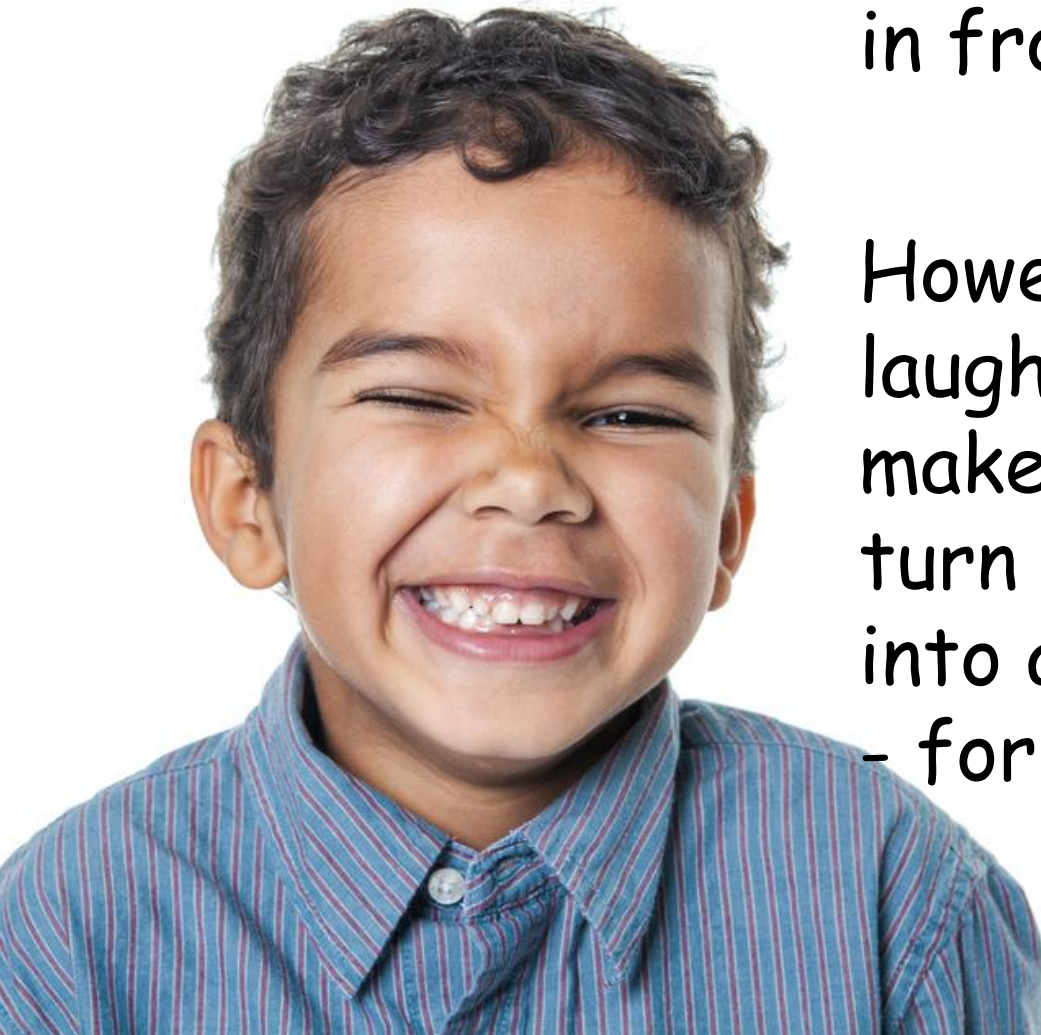
When you come across difficulties don't think of them as problems - but as **opportunities** to learn how to overcome difficulties in the future.



# 4. Don't take yourself too seriously

Nobody likes feeling a fool in front of other people.

However, if you are able to laugh at yourself when you make mistakes, you can turn embarrassing moments into an opportunity for fun - for yourself and others!



# Congratulations!

You are ready to learn ...  
and succeed!

**HURRAH!**



# CRC Article 28

All children have the right to be the best that they can be.

**Homework Mascots**  
**Reading Champions**  
**Attendance Champions**  
**Lunchtime Superstars**  
**Medals and Awards**  
**Pupils of the Week**





# Our Timothy Hackworth School Prayer

**Kind and loving Jesus,**

**Thank you for our right to education, for books and for  
the fun lessons our teachers provide.**

**Thank you for all the different people in our school.**

**Thank you for clean water and healthy food.**

**Thank you for giving us our rights and keeping us safe.**



**We ask you to keep us safe, respectful and kind.  
Help us to be friendly and loving.  
Help us to play, learn and work together as one.  
Help us to support the lonely and to make the  
sad happy again.  
Please let all children's rights be met.**

**Amen**

