



# Supporting your child with Autism

## Workshops for parents and carers

This series of 10 workshops will help you to:

- Get a better understanding of Autism
- Communicate with your child
- Have the information you need to understand your child's sensory needs
- Understand how your child behaves and how to manage their behaviour
- Find your way around education, including the Education Health Care Plan assessment and your rights
- Find out what support is available for you and your family
- Understand how you can keep your child safe, eg online safety
- Look after yourself and develop coping skills.

The workshops will be held at Stanley Civic Hall every Monday, starting 1st November 2021 Sessions will run from 10.00-12.00pm (arrival from 9.30am).

Staff and guest speakers will be around for a chat at the start and end of each session.

**We are following Government guidance to reduce the risk of Covid in our centres.**



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