



**ONE  
KIND  
WORD**

# Anti-Bullying Week 2021



**CRC Article 19: All children have the right to be safe.**



What can we  
do to help?

At School?

In our  
Community?

# Who Does BBC Children in Need Support?

BBC Children in Need supports children who might:

have a disability;

have a life-changing illness;

live in poverty;

be separated from their family;

care for someone in their family.



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#ANTIBULLYINGWEEK



**ANTI-BULLYING  
ALLIANCE**

# What is bullying?

Bullying is the **repetitive, intentional** hurting of one person or group by another person or group, where the relationship involves an imbalance of power. It can happen face to face or online.

Video: <https://youtu.be/U8iX-rstY9I>

?

**How does being  
bullied make someone  
feel?**

**Think / Pair / Share**

“Just  
one  
thing

”

<https://youtu.be/oJQg2JyQ3mM>

# 5 Key Kindness Questions

**1.** Am I kind to myself?

**2.** Am I kind to others?

**3.** Are people kind to me?

**4.** Do I understand when people are kind to me?

**5.** Do I help people who are being bullied?

# Situation

1

**You see Tomas sending Molly  
unkind messages on Roblox**

What could you do to spread kindness and stop bullying?

# Situation

2

**Mohammed is looking sad after  
Grace called him names for forgetting  
his costume for ‘Tudors Day’**

What could you do to spread kindness and stop bullying?

# Situation

3

**Henry is getting pushed by other children when they're standing in line**

What could you do to spread kindness and stop bullying?

# Situation

4

**At choir your friend tells you they don't like Mya because they don't like her singing voice**

What could you do to spread kindness and stop bullying?

Thank you for being a part of

**Anti-Bullying  
Week 2021**

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