

Year 3: PSHE

Belonging to a Community: The Value of Rules and Laws Growing and Changing: Personal Strengths and Achievements – Managing Setbacks

Rules and Laws

The Rule of Law is one of our **British Values**.

Laws allow us to:

- have our **rights**;
- be treated fairly;
- keep safe;
- live as part of society;
- be heard.

Can you think of all the different **rights** laws link to?

Laws are made by the Government in Parliament. Members of Parliament decide on laws and vote on whether to pass them.



Laws are rules that must be followed! If a person breaks the law, then they suffer a consequence: a warning, a fine, a curfew or a prison sentence.



The police uphold the law. A person who commits a crime is called a criminal.

Personal Strengths and Interests

We are all human but we are all different. We are all **unique**.

We all have different strengths and interests and these form part of a person's **identity**.

What are your personal strengths?

Perhaps you are good at reading, baking, playing football, being a good listener or being a good friend.

You might have strong **personal qualities**, for example, honesty, kindness and generosity.

What are your personal interests?

Perhaps you are interested in sport, environmental issues, animals or fashion.

Be proud of who you are. Share your achievements in our Big Blue Book of Brilliance!



Facing Challenges and Being Resilient



Sometimes we worry when we have to face a challenge. This might be tricky school work, falling out with a friend or finding things difficult at home.

Talking can help. Talk to parents, grandparents or adults in school. They are there to listen and to help.



Remember to:

- be resilient;
- keep bouncing back;
- be determined;
- try again;
- ask for help.



Vocabulary

arrest	To seize someone and put them in custody - they lose their freedom.
crime	A law has been broken.
criminal	A person who breaks the law.
curfew	A person must stay in their house after a certain time.
fine	When money must be paid because a person has broken the law.
imprisoned	To be put in prison.
judiciary	The courts of law.
Justice System	All the people who uphold the law: the police, the courts, the Home Office.
law	A rule that must be followed.
law abiding	When the law is followed.
offence	When a law is broken.
resilience	Having the ability to overcome setbacks and bounce back.
setback	When something gets in the way of progress.
upright citizen	Someone who is honest and follows the law.