

# Year 3: PSHE

## Keeping Safe: Risks and Hazards; Safety in the Local Environment and Unfamiliar Places

### Risks and Hazards

Life is full of risks and hazards. We need to learn to assess the risks and hazards that we face and deal with them. We need to respect our right to be safe. We deal with risks and hazards every day!

How could these things, or times, be risky or hazardous in school or at home?



### Road Safety

**The Green Cross Code:**

- find the safest place to cross;
- stop before you get to the kerb;
- look in all directions for traffic and listen;
- wait until it is safe to cross;
- when it is safe, walk straight across the road, looking and listening all the time.

**Always use the School Crossing Patrol!**



### Water Safety

Never go in a river or pond without an adult. They can be very dangerous.  
**Learn to swim!**



### Fire Safety



**NEVER** play with matches or lighters - they are very dangerous and can start a fire.

Fire can spread very quickly and the smoke can be very dangerous too.

Having a smoke alarm can save lives. When they detect smoke, an alarm goes off to warn people that there is a fire.



In a fire:

- keep close to the floor as it is less hot and there is less smoke;
- act quickly but calmly;
- get out and stay out;
- if you are trapped in a room, block the gap at the bottom of the door and open the window to call for help;
- call **999** and ask for the fire brigade. Make sure that you know your address.



**If your clothes catch fire**



If this happens to you **DO NOT PANIC**. Follow these three steps to put out the flames.

### Rail Safety

Trains are a great way to travel.

**BUT**

Most trains run using electricity with a voltage of 25,000 volts! This is 100 times more powerful than the electricity in your home. Overhead power lines, and the rails themselves, are **NEVER** switched off. They are **NEVER** safe. You can be electrocuted by even going near them!



**NEVER play on, or near, railway lines. Never carry balloons, or fly kites, near overhead power lines.**

### Vocabulary

assess	To consider and think about.
electrocute	To injure or kill someone by an electric shock.
hazard	Something that could cause harm.
manage	To deal with something.
predict	To guess what might happen based on knowledge that you already have.
smoke alarm	A device that detects smoke and rings loudly to warn people.
voltage	The amount of electricity running through something.

CRC Article 19: All children have the right to be safe.

CRC Article 28: All children have the right to learn.

