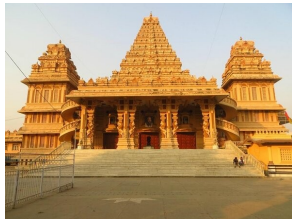




# Year 3: How do Hindus Worship?

## Worship in a Mandir



The **Mandir** is a Hindu temple. Mandirs can look different.

During **Puja**, Hindus give offerings to the gods and pray to the shrine of a god or goddess.



**Arti** is the ceremony of lights, where light is presented to the gods by waving candles in front of the shrine.

## Worship in a Home Shrine



Hindus create a shrine at home so that they can worship (Puja) every day.

Hindus make offerings to the gods at home.

## Items used in Puja



bell



diva Lamp



kumkum powder



incense



spoon and water

- Diwali is the five day festival of lights in Autumn each year.
- Hindus celebrate Diwali as the new beginnings and how good defeated evil.
- Diwali comes from the story of Lord Rama and his wife, Sita.

*Long ago, there was a great warrior prince called Rama and his beautiful wife, Sita. An evil king called Ravana lived near them. He had ten heads and twenty arms! Ravana wanted to make Sita his wife, so he kidnapped her. Rama realised that Sita had been kidnapped, so he tried to look for her. He met the monkey god, Hanuman, in the forest. Hanuman agreed to look for Sita.*



*Hanuman gathered his monkey army and they prepared to battle Ravana. Rama and Hanuman began to battle Ravana, but it was a huge battle and it seemed like Ravana would win... however, Rama produced a magical golden arrow and fired it at Ravana. It hit him in the chest. With Ravana defeated, Rama and Sita were reunited! Rama and Sita returned home at night time. They found that all of the villagers had lit lamps to guide them home.*

CRC: Article 14 - All children have the right to their own religion.



## Vocabulary

<b>Arti Ceremony</b>	part of Hindu worship, where light is given to the gods
<b>Brahman</b>	Hindus recognise Brahman as their one God.
<b>communal</b>	a shared place or object for many people
<b>community</b>	a group of people in the same area or religion
<b>defeat</b>	win against someone
<b>diva</b>	a lamp or candle used during worship
<b>evil</b>	someone or something bad
<b>Hanuman</b>	the monkey god who helped Rama find Sita
<b>Hindu</b>	someone who follows Hinduism
<b>Hinduism</b>	a religion with different beliefs, cultures and traditions
<b>home shrine</b>	a place of worship at home
<b>imagery</b>	writing that makes you picture something in your mind
<b>Lakshmi</b>	the goddess of money, wisdom and good luck
<b>loyalty</b>	doing things for others because you care
<b>Mandir</b>	a Hindu temple
<b>moral</b>	what is right
<b>Murti</b>	special statues or images of gods or goddesses
<b>Puja</b>	the act of worship for Hindus
<b>Ramayana</b>	the story of Rama and how he saved his wife Sita
<b>sacrifice</b>	giving something important up for someone else
<b>shrine</b>	a holy place to pray
<b>symbol</b>	a religious sign
<b>symbolism</b>	when something stands in the place of something else
<b>worship</b>	the act of showing love to God