

# Year 5: What can we learn about Christian faith through the lives of Northern Saints?

The Northern Saints were brave men and women, who brought faith, opportunity and freedom to the people of Northern England in the 7th century. Their work was transformational in raising life chances within the communities in which they served.

## St. Bede - 673 to 735 AD

- St. Bede was a monk and an early historian of the Church of England.
- At the age of 30, he became a priest.
- St. Bede wrote many books on the history of England, which we use information from today.

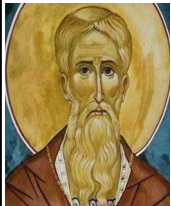


## St. Oswald - 604 to 642

- Oswald was raised by monks in Iona, Scotland.
- St. Oswald was a caring king. He encouraged people to follow the Christian faith.

## St. Aiden - 590 to 651 AD

- St. Aiden brought St. Oswald from Iona to Lindisfarne to work in a monastery.
- St. Aiden walked the length and breadth of Northumbria, telling stories of God and being a good Christian.
- Shortly before St. Aiden died, there was a fire attack at Bamburgh Castle. Aiden prayed, and suddenly, the smoke from the fire turned towards the attackers who then withdrew their attack.



## St. Cuthbert - 635 to 687 AD

- St. Cuthbert was born in Northumbria, in the same year St. Aiden founded Lindisfarne Monastery.
- Cuthbert saw a light from heaven come to Earth, and he believed it took a human soul back to heaven.
- St. Cuthbert then became a monk, known for his healing powers.
- After 13 years at the monastery, he was then asked to become a bishop.

## St. Hilda - 614 to 680 AD

- She became a nun at the age of 33.
- Then she became Abbess of Hereteu Monastery and made changes so that the monks were better Christians.
- Hilda was best known for her love of God and sharing this love with others.



CRC: Article 14 - All children have the right to their own religion.



## Vocabulary

<b>AD</b>	Anno Domini - the year of the lord
<b>Anglo-Saxon</b>	a group of farmer warriors who converted to Christianity
<b>Cathedral</b>	a Christian Church
<b>Christ</b>	Jesus, the son of God
<b>community</b>	a group of people with the same interest
<b>compassion</b>	showing pity and concern for those in need of help
<b>culture</b>	the knowledge and similar interests of people in a specific group
<b>grave</b>	where a dead body is buried
<b>Lindisfarne/Holy Island</b>	also known as Holy Island - it is an island near the North East of England
<b>Monastery</b>	place where monks live
<b>pilgrimage</b>	a journey which can help people find their own meaning in life
<b>prayer</b>	where people talk to their God
<b>reflection</b>	to look back on your actions and think about how you could change
<b>ritual</b>	completing actions in order, before a religious event
<b>sacrifice</b>	to offer something or kill for a religion
<b>Saint</b>	people who lead holy lives and dedicate their lives to God
<b>spiritual</b>	the want to understand more about the meanings of life
<b>symbol</b>	an image or object that reflects deeper meaning
<b>worship</b>	an act of religious love or devotion