

# Year 6: Why do people use rituals today?

## What is a ritual?

A ritual is a religious or sacred ceremony that involves a series of actions performed in a certain order.

## Why do people do rituals?

People do rituals to show their dedication towards their religion or God.

## Similarities and Differences

These rituals all involve giving the opportunity to people to show dedication to their religion.

They all include prayer.

Eucharist and Pesach use symbolic food during the rituals, whereas Salah does not.

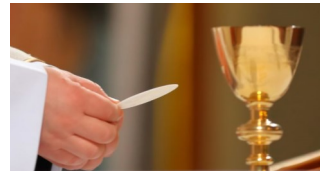
Muslims do their ritual five times every day.

## Different Rituals

### Eucharist

During the Eucharist (Holy Communion), Christians will show their dedication towards God. During the Last Supper, Jesus told his disciples to eat bread and think of his bones, and drink wine to think of his blood.

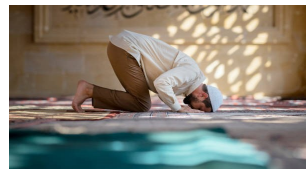
Watch a ritual here:



### Salah

Muslims pray five times a day. Before each prayer, Muslims perform a ritual. This includes making themselves as clean as possible before they can pray to Allah. They remove their socks and shoes, clean their feet, hands and face, and then use a prayer mat.

Watch a ritual here:



### Pesach

Jewish people celebrate during Pesach to commemorate (remember) how Moses saved the Hebrews from Egypt. The first night of the festival includes a large meal called Seder, where foods of symbolic significance are shared alongside prayers.



## Vocabulary

<b>chalice</b>	a religious cup used during Holy communion to drink wine from
<b>critical thinking</b>	to evaluate research and information to decide on an outcome
<b>Haggadah</b>	a prayer book used during the Jewish festival of Passover
<b>Holy Communion</b>	the Christian ritual, also known as Eucharist, to show the togetherness of Christians and God
<b>Islam</b>	'Islam' means submission to God. It is the religious faith for Muslims.
<b>Israelites</b>	Jewish people who live in Israel
<b>Mass</b>	the greatest form of worship for Catholics
<b>Pesach (Passover)</b>	a Jewish festival where they remember how Moses led the Hebrew slaves out of Egypt
<b>prostration</b>	the act of worship during a religious prayer
<b>ritual</b>	a religious or sacred ceremony that involves a series of actions performed in a certain order
<b>Salah</b>	the second pillar of the Islam - to pray five times a day
<b>submission</b>	In Islam, submission means to live their daily lives showing their faith to Allah.