

# Children & Young People's Mental Health Awareness Networking Event



**Monday 9th May**

**Spennymoor Town Hall**

2pm–4pm for anyone working  
with children and young  
people

<https://www.eventbrite.co.uk>

4:30pm–6:30pm for young  
people and families

<https://www.eventbrite.co.uk>

This is an opportunity to find out  
what mental health and emotional  
wellbeing support is available for  
those working with young people  
and families in County Durham, as  
well as young people and families  
themselves.



**For more information contact:**  
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