



# The importance of play

**FREE for families across Bishop Auckland and Shildon**



Our programme of free learning at home sessions is especially designed to support families with young children under five.

The online sessions are delivered via Zoom and cover everything from emotional wellbeing and sensory play to simple science and physical fun.

Click on your chosen programme below to book your place:

## **Programme 1**

1.15pm – 2.15pm

Every Tuesday from  
26 April 2022  
to 24 May 2022

## **Programme 2**

9.30am – 10.30am

Every Thursday from  
9 June 2022  
to 7 July 2022

## ... plus **FREE** Parent Connect sessions

Why not also come along to our online **FREE** Parent Connect sessions on a range of topics to help you support your child's early learning and development?

Click on the buttons below to register for one of our upcoming Zoom sessions:

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### **Supporting your child's communication & language**

Thursday 5 May, 7.30pm – 8.30pm

**BOOK NOW**

### **Building resilient children**

Tuesday 17 May, 7.30pm – 8.30pm

**BOOK NOW**

### **Supporting children's emotional wellbeing**

Wednesday 15 June, 7.30pm – 8.30pm

**BOOK NOW**

### **Outdoor play**

Tuesday 28 June, 7.30pm – 8.30pm

**BOOK NOW**