



TIMOTHY HACKWORTH  
PRIMARY SCHOOL  
*On The Track To Success!*

# Newsletter

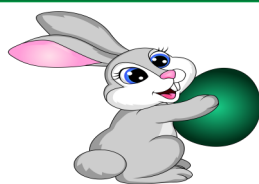
**April 2022  
Spring Term**

## Holiday Date Reminders

Our Queen's Jubilee Holiday day is Friday 27<sup>th</sup> May 2022.

Our staff training day is Thursday 26<sup>th</sup> May 2022.

Children's last day in school before the May Half-Term will therefore be Wednesday 25<sup>th</sup> May, 2022.



School reopens on Monday 25<sup>th</sup> April 2022. We look forward to seeing you all then!

Dear Parents and Carers,

I hope that you enjoy reading this half-term's Newsletter. The children have thoroughly enjoyed meeting new friends as classes have mixed together in year groups for playtimes and lunchtimes outside. Although CV19 cases are continuing to rise in Sildon, and in our school too, we plan to relax more restrictions as soon as we are able to, when it is safe to do so.

Thank you to parents and carers who responded to our 'Staggered Starts and Finishes' questionnaire. In total, we received 137 responses from parents, carers and staff. Children in Years 4, 5 and 6 also responded, using their pupil voice. Out of the 137 responses received, 82 respondents voted for staggered starts and finishes to stop, and 52 respondents voted for the starts and finishes to continue. Our children in Years 4, 5 and 6, across the six classes, five classes voted for staggered starts and finishes to stop, and one class voted for them to continue.

As a result of the responses collected, our staggered starts and finishes will be coming to an end **after May Half-Term. Staggered starts and finishes will continue after the Easter Holidays. More information will follow about arrangements for this after the Easter Holidays.**

Should you have any questions about this, please contact the School Office for more information.

Wishing you all a very Happy Easter. I do hope that you and all of your families stay safe, and manage to enjoy a bit of a rest.

We look forward to seeing you all again on Monday 25th April.

Best wishes,

*Mrs. Boulton*



### **School Uniform Plea!**

Please ensure that your child arrives at school in full uniform.

Too many children are wearing jogging bottoms, trainers, earrings and jewellery which are not part of our School Uniform Policy.

We usually do pride ourselves on how smart the children look in school, however, large numbers of children are not wearing their uniform. This is really disappointing for us all as a Timothy Hackworth School Family.

Children must come prepared for PE lessons and bring their PE Kits into school each day. Children cannot join in with all of the exciting PE lessons and coaching sessions if they do not have the correct kit.

Please help us with this!

### **Reading over Easter!**

When you and your children are curled up with an Easter Egg, remember to read your reading book too! It is vitally important for children to continue to read over the Easter Holidays. The children are making such good progress with their reading in school; it would be such a shame if they didn't keep up their hard work over the Easter Holidays. Enjoy those books over Easter!

### **School Reviews**

This half-term, our school requested Durham County Council to visit school to review our: Safeguarding provision and procedures, Online Safety provision and procedures, and our Attendance procedures.

I am delighted to inform you that we have received excellent outcomes for all three reviews. Durham County are incredibly impressed with our safeguarding, online safety and attendance practices. This is great news for all of the children in our school, and our wider school community.

With thanks to all of the staff who continue to work incredibly hard on these areas of school life.


The advisers who visited our school were very impressed also by our Y6 Head Boys and Girls, and our Deputy Head Boys and Girls who all did an amazing job talking to our visitors. Brilliant!

### **Leadership and Management Monitoring Visit**

Our Deputy Head Teacher, Mrs. Slattery, and I, were involved, once again, in a Leadership and Management Review completed by Durham County.

I am delighted to inform you that we have received excellent feedback from our visit, from our School Leadership Adviser. This is good news for our school.

Well done also to all of our staff and children in school for their contributions.



# Well done!!

## Pupil of the Week Awards

RY — Maddie, Andi, Freddie-Joe, Kaiden Lucy, Evie, Catalina  
RB— Nate, Frances, Teddie, Grayson, Leraeh  
1T— Kayden, Lewis-Lee, Harvey, Amber, Daisy, Billie  
1H— Amelia, Shijan, Oliver, Lewis, Melody, Christina  
2T— Roman, Isaac T, Evelynnn, Isobel, Calvin, Skylar  
2H— Talliyah, Finlay, Sophie, Isabelle, Breialeigh, James  
3T— Jack, Ashton, Kole, Ritchie, Riley, Orlah  
3H— Lydia, Blaydon, Emily, Alayah, Rossi, Kyle  
4T— Georgia, Joe G, Charlie, Lucy, Whole Class, Laila  
4H— Gracie, Amelia S, Lucas, Gracie, Pavel, Summer  
5T— Ethan-Lee, Rosa-Leigh, Christian, Jorja, Reece, Dylan  
5H— Lacey, Harley, Jake, Matilda, Oliver, Benjamin  
6T— Sophie-Mae, Lukas, Tulisa, Sophie-mae, Katie, Yu-Qi  
6H— Stevie, Ella-Rose, Wayan, Sophie, Whole Class, Mason

## Lunchtime Superstars

RY— Freddie-Joe, Amelia, Catalina, Millie, Jayden, Evie-Rose, Harper  
RB— Sophia, Grayson, Reggie, Ebony, Beau, Lillie-Ann  
1T— Charlie, Daisy, Zayden, Nylah, Daisy, Ava  
1H— Shijan, Dante, Levi-Lucas, Lewis  
2T— Oscar, Ria, Ashton, Bobby, Leo  
2H— Charlie, Willow, Ellie, James, Henry, Junior  
3T— Karl, Ashton, Rose, Zaine, Ashton, Ollie  
3H— Santino, Ava, Dollie-Beau, Emily, Kyle, Kai, Kobi  
4T— Joseph, Ava-Lily, Kieran, Laila, Cody, Lola-Mae  
4H— Whole class, Logan, Lexi-Mae, Cameron, Amelia  
5T— Emily, Ruby, Christian, Dylan, Jorja  
5H— Isaac, Isaac, Kimberly, Amelia, Lucy, Riley  
6T— Talisah, Jensen, Laura, Shania  
6H— Scarlett, Joe



## Reading Champions

2Year Olds - Ezray, Elizabeth, Evie, Cooper, Esme, Khaleesi  
Nursery - Denny-Lee, Maddison, Bobby-Joe, George, Bailey, Isabelle  
Reception Blue - Grayson, Levaeh, Will, Teddie, Lillie Ann, Darcie-Mae  
Reception Yellow - Henry, Renesmee, Lucy, Millie, Lillyarna, Franky

1T - Ava, Ariana, Lewis-Lee, Zayden, Nylah, Bentley  
1H - Jay, Melody, Beau, Deacon, Christina, Alfie  
2T - Ria, Luna, Eliza, Ellie, Isaac, Luciana  
2H - Olivia K, Daisy, Thomas, Ebony B, Lyra, Charlie  
3T - Evie Pe, Karl, Ritchie, Mary-Rose, Lincoln, Audrey-May  
3H - Patrick, Kai, Aurora, Nicky, Ollie  
4T - Harley, Elliott, Georgia, Lola-Mae, Harley, Jessica  
4H - Jake, Logan, Bobby, Jake, Lovina, Lexi-Mae  
5T - Rosa-Leigh, Sienna-Mai, Bobbie-Jayne, Rosa-Leigh, Sienna Mai, Reece  
5H - Isaac, Lucy, Adam, Freya, Amelia, Lacey  
6T - Ella-Rose, Brodie, Tillie, David, Hollie, Poppy  
6H - Leah, Sofia, Gracie-Mae, Leon, Taylor, Leah

## Reading Champion of Champions

2H - Daisy  
3T - Evie Pe, Ritchie  
3H - Amelia R.  
4H - Jake  
4T - Harley



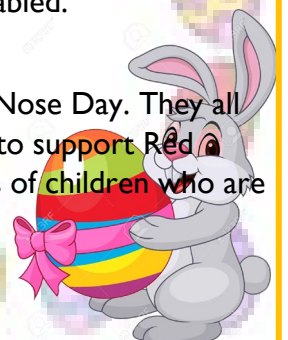
## Red Nose Day

CRC Article 19: All children have the right to be safe.

CRC Article 24: All children have the right to a nutritious diet, clean water and medical care if they are ill.

CRC Article 23: All children have the right to special care and support if they are disabled.

On Friday, 18<sup>th</sup> March, the children and staff took part in a non-uniform day for Red Nose Day. They all wore red with pride! Thank you for all of your donations. We managed to raise £91 to support Red Nose Day which is absolutely fabulous and will go a long way to supporting the rights of children who are in need.





CRC- Article 24: All children have the right to the best possible health.

CRC- Article 29: All children have the right to be best they can be.



This half term, Megan, a specialist Gymnastics coach, worked with Year 2 to teach Gymnastics. Year 2 have been learning a variety of basic gymnastic shapes. We know how to create the following shapes: stretch, tuck, pike, dish and arch. We have learnt how to walk like a gymnast. We have developed lots of other skills too; these include skipping, hopping, chasse steps, cat leaps, bunny hops and crab walks. Our favourite warm-up games were Stuck in the Mud, Corner Game and Simon Says. We all enjoyed the travelling and jumping session the most because we were introduced to the fundamental jumps in gymnastics. We then performed the jumps individually on our mats making sure that we had the correct form and landing position. Some of us introduced a cartwheel into our performance.



### LGBT+ History Month

**CRC Article 12: All children have the right to say what they think and to be listened to.**

**CRC Article 13: All children have the right to information.**

**CRC Article 28: All children have the right to learn.**

Throughout February, the children and adults at Timothy Hackworth Primary School have enjoyed celebrating LGBT+ History Month. We originally started marking this month in 2020, when we were beginning our journey with Educate and Celebrate towards the GOLD standard in the Pride in Inclusion Award. We continue to embed these events into our school calendar.

This year, LGBT+ History Month began with a Family Group session looking at correct terminology, recapping the Protected Characteristics of the 2010 Equality Act. Children in KS2 created a piece of artwork to encourage tolerance in our local community. KS1 children created their own recipe for a special family.







Later on in LGBT+ History Month, children throughout school have taken part in a piece of work in English based around some of the books from our Equality and Diversity book boxes. The end of this unit of work was marked by our whole school Rainbow Day on Friday 18<sup>th</sup> February. Children were able to come into school wearing their year group colour, inspired by the PRIDE rainbow flag. They then took part in Rainbow-themed lessons over the course of the day. Each class was able to nominate an Equality and Diversity champion and these children were awarded a Rainbow flag bag to wear while they are in school.



**Article 3 - The best interests of the child must be a top priority in all decisions and actions that affect children.**

**Article 13 - Every child must be free to express their thoughts and opinions and to access all kinds of information, as long as it is within the law.**

**Article 28 - Every child has the right to an education.**

## **WORLD BOOK DAY 2022**

Everyone at Timothy Hackworth Primary had a wonderful time celebrating World Book Day this year on Thursday 3rd March.

As part of our World Book Day celebrations, we invited children and staff to come to school wearing some warm and cosy pyjamas!

We all curled up with a book, with some hot chocolate and marshmallows at the end of the day – our very own school special ‘bedtime story’!

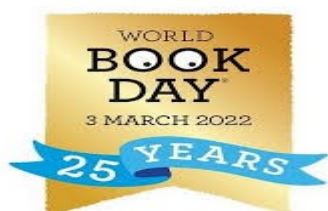
As well as enjoying lots of books, stories and poems throughout the day, pupils also took part in a range of activities which included the following:

- Our resident Reading Ambassador recorded a story about children reading, in French. The children followed the story and joined in.
- Storytime with Mrs. Shepherd. Mrs. Shepherd and one of her furry friends read a story about Hairy Maclary.
- There was a school competition where pupils were asked to design their own new book character. Our resident Reading Ambassador, Nathalie Paris, is currently in the process of judging this.
- Children worked in teams to guess which staff member had their ‘head in a book’.
- Some classes took part in the World Book Day Live lesson.

Many classes also used the MC Grammar videos to see how many books they could spot. There are two of these and both are very catchy:

<https://www.youtube.com/watch?v=ZpTkjssrL4k>

[https://www.youtube.com/watch?v=u4LO\\_Nnod-M](https://www.youtube.com/watch?v=u4LO_Nnod-M)





**Miss Colling's class in Year 4 used their lessons about similes to write a poem. This is their class poem.**

### Talking About Books

As amazing as hot chocolate with marshmallows,

You can curl up with me.

Spectacular adventures and great explorations,

You can live in a fantasy.

You can investigate myths and legends,

As cunning as an undercover spy.

Like Romeo and Juliet, you will fall deeply in love,

And never wonder why.

As enjoyable as a trip to the beach,

The fun will never stop.

When you take it all in,

Your imagination will go pop!

Supreme Shakespeare and Wonderful Walliams,

As miraculous as Cristiano Ronaldo's shots.

Excitable Enid and Brilliant Beatrix,

As unbelievable as the arcade slots.

Whether it is fiction or non-fiction,

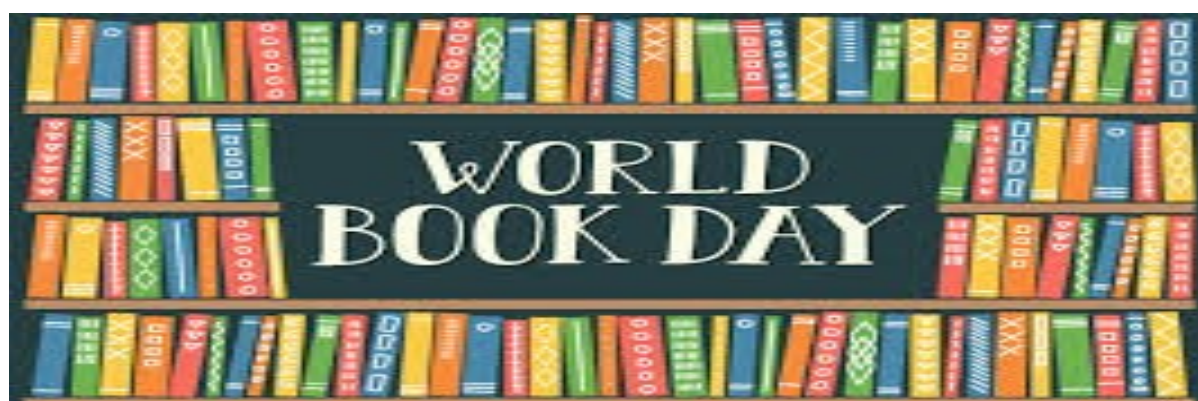
The words will fill you with joy.

Still brilliant to choose from the shelf,

Suitable for every girl and boy.



Here are some photographs of Mrs. Hewiston's class enjoying World Book Day.







# Religious Education Indian Workshop

On Monday the 28th of March, Year 1 and Year 3 took part in an Indian Dance Workshop. This experience enabled the children to learn about Hinduism. During each workshop, the children worked hard to learn some of the hastas, and at the end of the workshop, the children were able to perform an Indian Dance. All of the children thoroughly enjoyed their Indian Dance experience!



**Fist  
(Mushthi)**



**Peacock  
(Mayura)**



**Half moon  
(Ardhchandra)**



**Scissor  
(Kartarimukha)**



**Peak of the mountain  
(Shikharā)**



**Flag  
(Pataka)**



These are the hand movements that act as a form of sign language to help to tell a story or demonstrate themes such as weather, animals or places.

These hand movements are called hastas.

CRC Article 29: All children have the right to develop their talents and abilities.



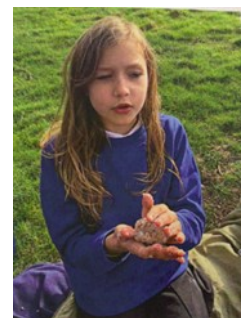
## We are keen scientists at Timothy Hackworth Primary School!

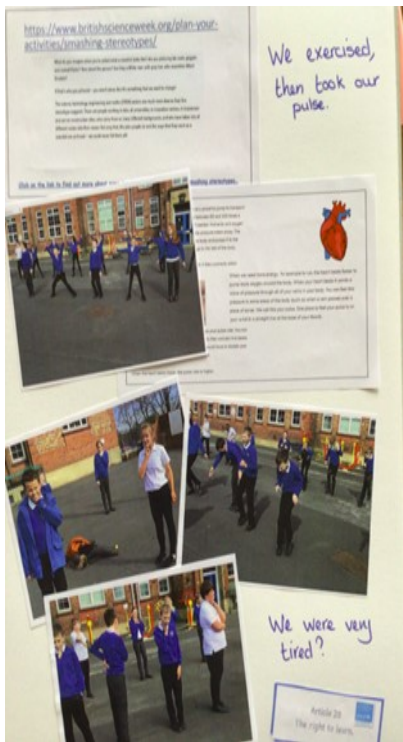
This term we took part in British Science Week. The theme this year was 'Growth'. The children thoroughly enjoyed taking part in their science afternoons and Mrs Paramore was impressed at the range of science learning our school showed when presented with the word 'Growth'.

In Year 3, a member of staff from the Locomotion Museum, who happens to be a past teacher and good friend of Timothy Hackworth Primary School, came to do some practical science with us. Year 3 explored how they could increase the volume of a bubble and how materials react with one another to change and grow into a new material (that behaves rather oddly!)



Year 5 made recycled bird feeders and then carried out a bird watch survey on the school field. Did you know that in Spring, birds are working very hard to increase their body size (grow) ready for their big responsibilities of laying, hatching and caring for young chicks.





Year 6 linked the theme of 'Growth' to their class learning. The children have found that in order for us to grow and maintain healthy bodies and minds, we need exercise. They planned and performed a range of exercises and recorded how this affected heartbeat.



The science didn't stop there! We have also had classes exploring the school field to find signs of new growth as we head into Spring. Classes have been investigating how animals grow and how zoologists can monitor animal health. We are growing a range of flowers and vegetables to observe how they grow, and the rate of growth for different varieties. Not to mention seeing if the MRS GREN aliens could survive life on Mars.

CRC Article 29: All children have the right to develop their talents and abilities.

CRC Article 28: All children have the right to an education.







Article 29: Education should develop children's interests, talents and abilities.



# Big Blue Book of Brilliance

We would love to hear more about your child's efforts, achievements and contributions outside of their school lives. Some of you may recall our 'Big Blue Book of Brilliance'. This is a wonderful book we keep in school where we record the many achievements of our children. We want to celebrate and recognise our pupils' achievements too! If you have any certificates, medals, trophies or photographs that show brilliance outside of school, please send them in with your child and we will photograph them in school or send us a photo through Class Dojo. Children who appear in our Big Blue Book of Brilliance will receive one of our much sought-after Brilliance Badges!

## **Take a look at our Blue Badge wearers so far:**

A'mira in Year Six for her fantastic artwork.

Rosie in Year Six who was awarded Gymnast of the Year.

Emily, Bobbie and Lucy for their brilliant dance skills.

Isobel and Evie in Year Three for fantastic football.

Noah in Year Five for fabulous football skills.





## Fairtrade Fortnight.

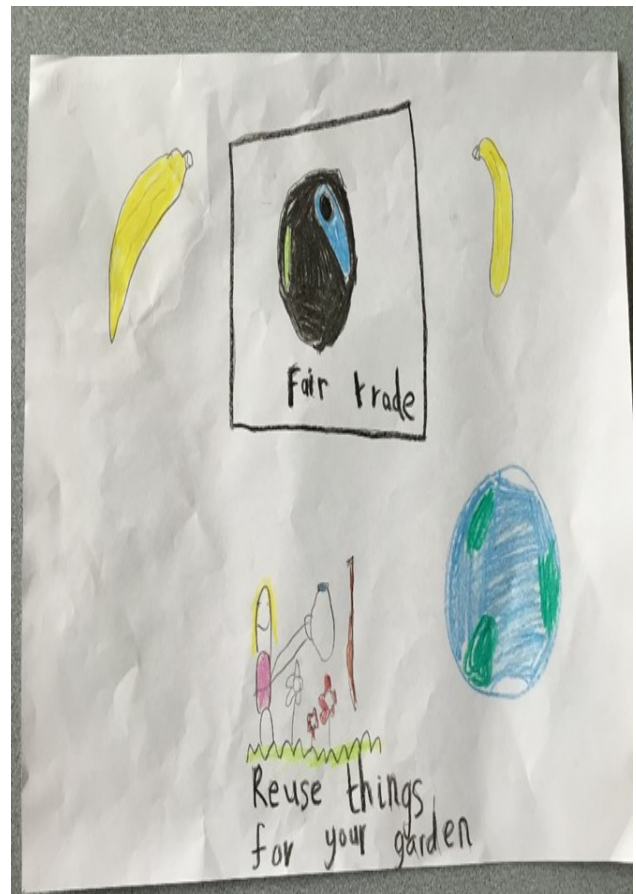
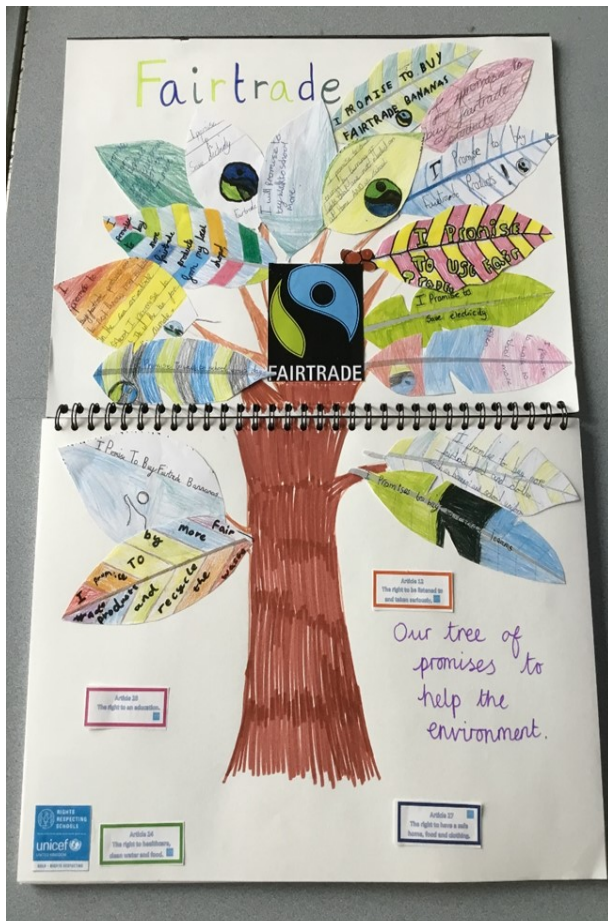


**CRC Article 12** - All children have the right to be listened to and to be taken seriously.

**CRC Article 24** - All children have the right to clean water, healthy food and medical care if they are ill.

**CRC Article 27**- All children have the right to suitable housing, food and clothing.

During Fairtrade Fortnight in March, the children focussed on the impact of our 'carbon footprint', (the damage that we cause to the environment through our everyday activities), and how this contributes to climate change, which is critically affecting farmers in countries such as The Ivory Coast, in Africa. We looked at different ways that we could support 'Climate Justice' in order to help these farmers and their families to achieve their right to healthy food, clean water and medical care. The children then wrote a promise for a change that they would like to make in order to help the environment. Some suggestions included: walking to school, buying Fairtrade products, running the tap less when we brush our teeth and turning off lights when we leave a room. It was wonderful to see so many fantastic ideas throughout the school; I hope that we are all able to stick to them!



CRC Article 28 All children have the right to an education



Good attendance means being in school at least 95% of the time.

Missing school causes disruption to learning – there is a clear link between attendance and attainment.

90% attendance is like having a day off every two weeks, parent's and carers are by far the most important influence on children's lives and learning and it is parent's and carers who are responsible for making sure their child is educated.]

We appreciate your support in making sure – every day counts!

2 YEAR OLDS	89.28%
NURSERY	85.94%
RECEPTION BLUE	89.06%
RECEPTION YELLOW	92.38%
1T	92.52%
1H	91.62%
2T	94.55%
2H	93.06%
3T	95.21%
3H	94.66%
4T	92.42%
4H	93.66%
5T	91.55%
5H	93.99%
6T	91.79%
6H	93.92%

Regular attendance is essential for all of our children so that they can make good progress, achieve their academic potential, and consequently, have better chances in life. Every child at Timothy Hackworth Primary is expected to maintain an attendance level of 96% and above.

CRC Article 28 All children have the right to an education

### Attendance Ladder



I hope that you have a lovely break and I look forward to seeing you all next term. If you have any concerns or questions or would like some support with school attendance, please feel free to contact me.

Bobbi Mathwin – 01388 772959 / 07825938463



## Fire Safety Audit.

CRC Article 24: All children have the right to be safe.



We recently had the Fire Service who attended our school to complete our Fire Safety Audit. These are completed approximately every three years, across all schools. The Fire Service were really impressed with the processes and procedures we have in place to keep our children and staff safe. The Fire Officers were very thorough and checked all aspects of the school, to ensure compliance. Being such a large, wonderfully old and unique building, there are always challenges, however as a school, we are always very adaptable, and our children have our fire drills down to a fine art!



CRC Article 28: - All children have the right to learn

The 2 Year Old and Nursery staff members have recently enjoyed welcoming the new starters into the setting, giving the children the opportunity to become more familiar with these new surroundings and allowing the families and carers the time to ask questions and find out about all the types of activities that are on offer.

We look forward to the children joining us over the Summer Term.

Timothy Hackworth Primary School offer funded 2 Year Old places, and children are eligible for a Nursery place from the start of the term following their 3rd birthday (if spaces are available and your child's 3rd birthday falls before the 1st of April). An application form is available from the School Office or in the 'Admissions' section of the school website [www.timothhackworthschool.co.uk](http://www.timothhackworthschool.co.uk).

Children either attend 5 morning sessions, 5 afternoon sessions or 2 ½ days at the beginning of the week or 2 ½ days at the end of the week

The Nursery offers 30 hours free childcare to eligible parents, although 30-hour places are subject to availability. If you are entitled to 30 hours of Nursery, you will need your 15-digit code to access this provision. Please contact the School Office for further information.

Parents and their children are always welcome to visit our Nursery; if you would like to arrange this or would like further information please contact the School Office on 01388 772959.



# EASTER

## Free Family Fun Activities at Shildon Civic Hall

TO GET INVOLVED IN THESE SESSIONS, CONTACT SHILDON  
TOWN COUNCIL ON 01388 772563 AND WE CAN REGISTER YOUR  
FAMILY TO ATTEND

ALL ACTIVITY SESSIONS WILL INCLUDE A HEALTHY PACKED  
LUNCH FOR EVERYONE ATTENDING.

### MONDAY 11TH APRIL

NO COOK, COOK SESSION FRUITY FUN -DELIVERED BY TRACY CHAPMAN - SHILDON ALIVE  
FRUITY FUN NO COOK, COOKING SESSION  
SESSION TIMES START: 11.00 – 12.00, LUNCH 12.00 – 12.30, SESSION FEEDBACK 12.30- 1.00

### TUESDAY 12TH APRIL

FAMILY GAMES AND PHYSICAL FAMILY FUN- BEN TROTTER - PARKPLAY AND SHILDON AFC WILL  
GET ALL THE FAMILIES UP AND MOVING, TRYING A RANGE OF INTERACTIVE GAMES

SESSION TIMES START: 11.00 – 12.00, LUNCH 12.00 – 12.30, SESSION FEEDBACK 12.30- 1.00

### TUESDAY 19TH APRIL

FAMILY DANCE SESSION - EMILY- INFINITY DANCE SCHOOL, WILL TEACH YOU NEW DANCE MOVES,  
INCLUDING GAMES AND LOTS OF FUN

SESSION TIMES START: 11.00 – 12.00, LUNCH 12.00 – 12.30, SESSION FEEDBACK 12.30- 1.00

### THURSDAY 21ST APRIL

EASTER ARTS AND CRAFTS SESSION - DELIVERED BY DAISY ARTS, PROVIDING A RANGE OF ARTS  
AND CRAFTS ACTIVITIES EASTER THEMED

SESSION TIMES START: 11.00 – 12.00, LUNCH 12.00 – 12.30, SESSION FEEDBACK 12.30- 1.00





Holiday activities and food programme - Easter 2022

Our sports camps are available for your child / children FREE of charge and will include a packed lunch including a sandwich, fruit, water, and a snack.

Shildon Sunnydale Leisure centre, (DL4 2EP)

**Camp: every day for 4 days from Monday 11<sup>th</sup> April to Thursday 14<sup>th</sup> April**

**Times: 10am to 2pm each day**

**Ages: 8 to 12 years old**

**Cost: Free**

**Ring Shildon Sunnydale Leisure Centre Reception to book a place on 03000 266 448**

(You can book for the full 4 days or individual days, limited places with a capacity of 30 please book early to avoid disappointment)

The camps will be fun and energetic, playing a mixture of sports, physical activities, and games (with access to the sports hall plus the artificial grass football pitch & athletics stadium if the weather is fine).

Recently, Year 5 were very lucky to take part in a Climate Change workshop. As part of the workshop, we discussed some very important situations. We explored the meaning and importance of saving energy within our homes. We discussed strategies that could be used to reduce the amount of energy we are using, for example, switching the lights off when leaving a room. We designed helpful reminders that could be placed around homes.

We enjoyed the workshop and feel that we can now help educate others to support smarter homes. Thank you to the staff from OASES for making our sessions very informative.

CRC Article 28- All children have the right to learn and to go to school.

CRC Article 29- All children have the right to become the best that they can be.



In March, we celebrated Children's Mental Health Week. To mark this important event, children learned about the importance of growing, both physically and emotionally. They discussed who can help us grow and develop emotionally and about the importance of setting goals for ourselves.

The children used the song 'Reach for the Stars' to help them think of an emotional goal for themselves. They then wrote these on their own individual stars, to help them remember to always aim high.

For more information about mental health and wellbeing in school, please contact our Senior Mental Health Lead, Mrs. Kozlowski.

**Article 24: children have the right to the best possible health.**



## CRC Article 28 All children have the right to an education



### Early Years Update

Another busy half term for the children in Early Years!

The children in Nursery have been learning about farm animals and new life. They have read stories, sang songs, explored different textures that animals might feel like and have discovered all the different sounds animals make! The children have planted and grown cress and beans after reading 'Jack and the Beanstalk' and learned that plants need water, soil, and sunlight to grow. The two-year-olds have been egg hunting in their Forest School sessions.

Children in Reception have been learning about different habitats around the world. We have read stories and looked at non-fiction resources about rainforests, deserts, and the polar regions. Did you know that not all deserts are hot and sandy? We have painted and drawn animals, written animal riddles and have moved like snakes, jaguars and monkeys around the PE apparatus! We learned about people who live in these different places, what their homes are like and what they wear to keep cool.



We are a Picture News Advocate School!

CRC Article 13: Every child must be free to say what they think and seek and receive all kinds of information as long as it is safe.

CRC Article 17: Every child has the right to reliable information

I am incredibly proud to inform you that Timothy Hackworth Primary School has been awarded Advocate School Status for our innovative and impactful use of Picture News. Picture News is a news resource specially designed to be used with primary aged children. Each week, Picture News choose a current news story and produce an image with a focus question for children to consider. This is always thought provoking and relevant to current affairs.

At Timothy Hackworth, Picture News provides the launch-pad for our 'Let's Think; Let's Talk' sessions. 'Let's Think; Let's Talk' is designed to encourage every child to have a voice, to know how to respectfully use their voice to share their own thoughts and opinions, and to challenge the viewpoints of others. Each story is carefully chosen to support the children's personal development: socially, morally, culturally, and spiritually. We place our Rights Respecting values at the centre of these lessons, using our Pupil Voice Charters to ensure that we show respect in our speaking and listening. Recent lessons have asked 'What would a city of the future look like?', 'Should the rules be the same for everyone?' and 'How important is it to show bravery as a leader?'. We have seen a fantastic impact since the introduction of 'Let's Think; Let's Talk', with children more aware of the world around them and more able to eloquently share their thoughts, opinions and questions about our world.

We are very pleased that our use of Picture News has been recognised nationally and we will wear our advocate school badge with great pride.







Online Safety—Article 19—All children have the right to be safe.

This term, we have been focusing on the impact of too much screen time on our physical and mental wellbeing. We spoke about how games and technology can often become addictive. Due to this, we can sometimes lose track of time and even lose out on sleep! As the weather gets better, we have made a pledge to ensure we are getting enough time socialising with our friends and playing outdoors and not spending too time on our tablets, PCs and games consoles. To help us, we created a list of activities that we could do to give our brains a break from screen time. Some our favourites included:

- Reading a book
- Going for a walk with my family
- Have some ‘wind down’ time
- Engage in some mindfulness/meditation
- Complete my homework
- Play board games
- Go to the park with my family
- Play football or any other sport
- Sketch and draw

It is essential that our children have enough sleep so that they are fully ready to learn. Please refer to the following diagram as a reminder of the steps needed to ensure your child has a good sleep:



**Article 24: children have the right to the best possible health.**

## RRS Article 24: Every child has the right to the best possible health.



The Place2Be service within Timothy Hackworth Primary School continues to support the children, families, and staff within the school. The service offers a variety of interventions that provide safe and appropriate support at a time that meets the needs of the individuals involved. All the interventions aim to provide a safe and supportive environment for everyone to talk about their worries and concerns.

### Parenting Smart

Place2Be launched a new face-to-face intervention in September to provide additional support to families. The Personalised Individual Parenting Training (PIPT) programme is a face-to-face intervention, and it works by coaching parents and carers in how to interact more positively and parent more effectively.

However, not all parents are able to commit to a face-to-face programme, so the online Parenting Smart website was created. The parent support website that was launched at the beginning of the year has been well received by all schools linked with Place2Be. The Parenting Smart is a hub of short, useful articles written by Place2Be's parenting experts. Each article, aimed at parents of children aged 4 to 11 years, shares practical advice on several different topics.

These topics include:

Difficulties at mealtimes, Sibling rivalry, Peer pressure, Safe social media use, Co-parenting following a separation or divorce, Arguments and conflicts .



The articles and further details can be found at: <https://parentingsmart.place2be.org.uk>.

Following the success of both the face-to-face programme and the website, a new online course has been created. The Parenting Smart online course begins in April and is a free course that runs for seven weeks. The course is a flexible access intervention that is open to all parents and carers of 4–11-year-olds exclusively at Place2Be schools. The next cohort of parents and carers are due to start the online course on April 25<sup>th</sup> with the deadline for joining, April 18<sup>th</sup>. If you are interested in this course and would like more information, please go to <https://www.place2be.org.uk/family> or contact Marnie on the details below.

Your mental health is just as important as your physical health.

**CRC- Article 29: All children have the right to be best they can be.**

In Year 1, we really enjoyed taking part in our coaching sessions with our coach, called Rich.

Rich helped us to understand the importance of Exercise to keep us all healthy.

We all learned about lots of important movement skills, called 'Fundamental Movement Skills'.







# The importance of play



**FREE for families across Bishop Auckland and Shildon**

Our programme of free learning at home sessions is especially designed to support families with young children under five.

The online sessions are delivered via Zoom and cover everything from emotional wellbeing and sensory play to simple science and physical fun.

Scan the QR codes below to book your place:

## Programme 1

1.15pm – 2.15pm

Tuesdays from 26 April to 24 May



## Programme 2

9.30am – 10.30am

Tuesdays from 9 June to 7 July



## ... plus **FREE Parent Connect sessions**

Why not also come along to our online **FREE Parent Connect** sessions on a range of topics to help you support your child's early learning and development?

Scan the QR codes below to register for one of our upcoming Zoom sessions:

### **Supporting your child's communication & language**

Thursday 5 May, 7.30pm – 8.30pm



### **Building resilient children**

Tuesday 17 May, 7.30pm – 8.30pm



### **Supporting children's emotional wellbeing**

Wednesday 15 June, 7.30pm – 8.30pm



### **Outdoor play**

Tuesday 28 June, 7.30pm – 8.30pm



**This Good Friday, 15th April 2022, the powerful dramatic production of The Passion Play is being performed outdoors on Bishop Auckland Market Place. Follow the cast as they move with Jesus, just as the crowds had done 2000 years ago. Join in with shouts, cheers, and cries as the crowds had done responding to the high priests and Pontius Pilate. Everyone is welcome to this free event. Children and students from Bishop Auckland Secondary schools are performing in this extraordinary play. Come to one of 2 performances starting at 12 noon and at 3pm. Book your FREE TICKETS online at <https://passionplaybishopauckland.org/> and if you are coming as groups of 6 people or more, you can book by email: [tickets@passionplaybishopauckland.org](mailto:tickets@passionplaybishopauckland.org) If you require to be assigned an accessible seating area, wheelchair users and carers who bring their own portable seat, should also email for your ticket.**

