Year 2: PSHE

Keeping Safe: Safety in Different Environments; Risk and Safety at Home; Emergencies

Keeping our bodies safe

Some things are good for our bodies and other things are not.

These things are good for our bodies as they help us to be healthy, keep us clean and protect our skin:









These things are only for the outside of our bodies

Special cream can be used on our skin if we hurt ourselves or have a skin condition. A trusted adult or doctor would do this for you.

Sometimes we need to take medicine if we are unwell. An adult should give this to you. NEVER take any medicines on your own. Too much medicine can be dangerous!





Vaccinations can prevent us becoming ill.

Some products in the home can be hazardous, for example, cleaning products. Watch out for any hazard labels.



- Never put something in your mouth or on your skin if you don't know what it is.
- Children should **not** take medicines or use cleaning products without asking an adult
- Tell an adult quickly if someone has swallowed something that might be dangerous!

Emergencies

If there is an accident, or someone is hurt, there are people who can help us: the Police, the Ambulance Service and the Fire Service.







Making an 'emergency call' 999



Pick up

the phone.



Dial 999.





Wait for the handler to respond.

Tell the call handler which service you require.







Tell the call handler what the emergency is.

Tell them your name, address and telephone number.

Listen to what they tell uou to do.

Make sure that you know your address and telephone number as the operator will need this information!

Keepina safe

Remember:

- All children have the right to be safe (Article 19);
- Assess the risks in everyday situations.

In the home remember:

- not to touch medicines or household products;
- electricity can be dangerous;
- never play with matches!

When you are out and about remember:

- don't talk to strangers;
- always use the School Crossing Patrol or use the Green Cross Code:
- never go near a river or pond without an adult. They can be very dangerous!
- railway lines are very dangerous and you should not go anywhere near them.

Talk to a trusted adult if you need help.

Vocabulary	
dangerous	When something is unsafe or could cause harm.
electrical appliances	Items using electricity in your home, e.g. the oven or an iron.
emergency	A serious situation that needs immediate attention.
familiar	Something or somewhere that is known.
hazardous	dangerous
household products	cleaning liquids, e.g. floor cleaner.
unfamiliar	Something or somewhere that is not known.

CRC Article 19: All children have the right to be safe. CRC Article 28: All children have the right to learn.

