

Year 1: What can we find out about the Buddha?

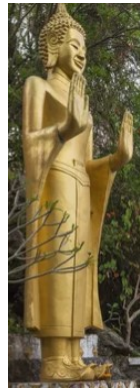
What will I know by the end of this unit?

- That **Buddha** was a teacher not a God.
- About the Buddhist teaching of **compassion**, **respect** for living things, and respectful behaviour.
- About the Buddha's birth and growing up as **Prince Siddhartha**.

Rupas (statues of Buddha)



Teaching



Peace



Meditation



walking



Resting

The Four Sights



- old age
- sickness
- suffering
- death

Buddhists believe that meditation, spiritual and physical labour, and good behaviour are the ways to achieve **enlightenment**.

Stories about Buddha

The Monkey King



Angulimala



Prince Siddhartha and the Swan

Vocabulary

angry	To be annoyed.
Bodhi Tree	An ancient, sacred fig tree.
Buddha	The founder of Buddhism.
Buddhism	An Indian religion.
Buddhists	People who follow the teachings of Buddha.
compassion	To show pity and concern for the suffering of others.
enlightened	To be spiritually aware.
four sights	The sights that Buddha saw when he left the palace.
India	A country in South Asia.
kindness	Being friendly.
palace	A large, impressive building.
respect	To accept somebody for who they are.
rupas	Statues of Buddha.
Siddhartha	A Hindu prince.
stealing	To take without permission.
suffering	Pain, distress or hardship.
values	A person's belief about good behaviour and what things are important.

CRC Article 14: Every child has the right to their own religion.



Take time to reflect

Can you remember a time when you were kind? How did that make you feel?