

Year 1: PSHE

Keeping Safe - How rules and age restrictions help us; Transition

Rules Help To Keep Us Safe

In society there are many rules. Rules help us to keep safe, for example:

- washing hands before we eat and after we have been to the toilet;
- driving on the left side of the road;
- stopping at traffic lights;
- throwing rubbish in the bin;
- keeping hands and feet to ourselves.



Rule of Law
Understanding and reflecting on your own and others' behaviour and its consequences.

These rules are sometimes called laws. The 'Rule of Law' is one of our British Values.



In our school we don't have 'rules'. This is because we have **rights**. We respect other people's rights as well as our own.

We must respect rights:

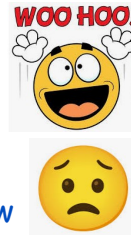
- to keep everyone safe;
- to help us to learn;
- to help us to know the difference between right and wrong (morals);
- to give everyone a chance to join in;
- to help us to show respect;
- to give everyone a chance to use their pupil voice and be heard.



Transition

Soon you will be moving into Year 2. For some children this can feel like a big change.

You might be excited but also a little bit worried. This is normal!



We will make sure that you know everything you need to know before you move to Year 2. You will:

- have a look around the 'big building';
- find out where to line up;
- find out where the toilets are and where to hang your coat;
- meet your new teacher and spend some time with them;
- have some information to take home with you to look at with your family and remind you about Year 2 over the holidays.



Setting Goals

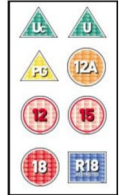
Think about what you would like to achieve in Year 2 and set yourself some goals. Do you want to be a better reader or writer? Perhaps you want to be better at your number bonds. Maybe you would like to make more friends or take part more.



Age Restrictions

A 'restriction' is a rule that stops people from doing something. An 'age restriction' is something that stops children under a certain age from doing something. This is to protect them and keep them safe from harm.

PEGI Ratings



Getting help

Remember:

All children have the right to be safe (Article 19).

If you see, hear or feel something that makes you feel unhappy, worried or scared, talk to a trusted adult. This might be your teacher, another adult in school or your family.



Vocabulary

| | |
|-------------|--|
| goals | Something that you want to achieve. |
| law | Rules that the Government set for people to follow. |
| PEGI rating | These show the lowest age that children are allowed to watch films and TV, or play online games and video games. |
| prepare | To make yourself ready for something. |
| transition | To move from one thing to another. |

CRC Article 19: All children have the right to be safe.
CRC Article 28: All children have the right to learn.

