

# Year 6: PSHE

## Growing and Changing; Families and Friendships; Money and Work

### Risks Associated With Money

Whichever way people choose to spend their money, it is very important to keep track of how much money is being spent. If someone spends too much it can lead to **debt**. People need to 'live within their means'. This means that they should only spend what they can afford.

**Be a critical consumer!**

### Gambling

Gambling is a risk where money (or something else of value) is swapped in the hope of winning something better, e.g., more money. Participants have no idea if they will win or lose.

Gambling is **illegal** for children under 18 years old. Many adults choose not to gamble at all because they consider the risk isn't worth it, it makes them feel bad, or it is against their values or religion.

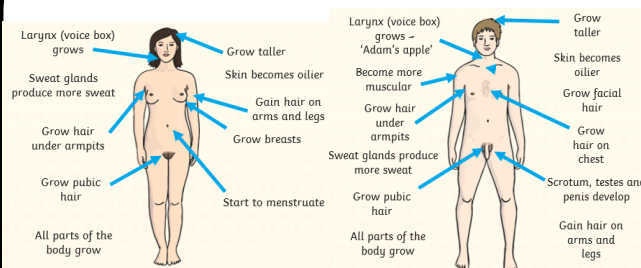
Gambling can become a habit. Adverts and pop-ups try to 'hook' people into gambling. People can become addicted and end up in debt. This can cause huge amounts of worry!

The National Gambling Helpline for help, support and advice about gambling:  
[www.begambleaware.org/NGTS.html](http://www.begambleaware.org/NGTS.html)  
 Phone: 0808 8020 133



The ChildLine website also has advice about gambling for young people: [www.childline.org.uk](http://www.childline.org.uk)  
 Phone: 0800 1111

### Growing and Changing



### Marriage and Civil Partnership

As you go through puberty you might feel 'attracted' to someone else and wish to have a 'romantic' relationship. These relationships should be based on love, trust, honesty and kindness. The feelings should be mutual, with both people feeling the same way.

People in a romantic, loving relationship might be from different genders (male or female) or the same gender.



Adults who love each other may decide to cohabit (live together) or make a legal declaration of their love. This could be through marriage, which could be a same-sex marriage, or a civil partnership.

People have a right to choose whether they marry and who they marry. Forcing someone to get married is **illegal**.

### Keeping Safe

Article 19: All children have the right to be safe.

Staying safe can relate to being in charge of what happens to your body. Your body is your own and no-one else can touch it without your **consent**.

It is important to find out **accurate information** about changes to your body and relationships, especially when you are in a romantic relationship. Always ask a trusted adult so that you have the correct information.

**childline**

ONLINE, ON THE PHONE, ANYTIME  
[childline.org.uk](http://childline.org.uk) | 0800 1111



### Vocabulary

addicted	Not having control of what you are doing to the point where it could be harmful.
civil partnership	Giving a relationship legal status.
consent	Giving permission.
critical consumer	Making a conscious choice to buy or not buy a product.
marriage	Giving a marriage legal status by saying vows. It might be given religious status too.
vows	Promises to one another in a marriage.

CRC Article 19: All children have the right to be safe.  
 CRC Article 28: All children have the right to learn.

