




Let's Think;
Let's Talk





What would happen if it rained
for a whole year?

What makes us unique?

- To know that every child has the right to their own beliefs and opinions ([CRC Article 12](#)).
- To develop the **Learning Power of Resourcefulness – Questioning**.
- To be curious and playful with ideas and delve beneath the surface.
- To be able to question oneself and others.

Let's look at this week's story



Danielle Webb, who is 23 and lives with dwarfism, recently wrote a book and regularly visits schools to help educate others about her condition in a bid to stamp out prejudice. Danielle said that changing the minds of adults was difficult, so her focus was on educating children. The student, who is 3ft 11.5in (1.2m), said being called names and laughed at "just becomes our norm"; so her new book, 'Mummy, there's a new girl', tells the story of a girl who is picked on for her looks before a brave child looks past her differences and learns that size is no big deal.



Learn more about this week's story [here](#).
Watch this week's useful video [here](#).
This week's Virtual Assembly [here](#).



This week's story looks at events related to ...





Read through the information below about dwarfism and the experience of author, Danielle Webb and Paralympian, Ellie Simmonds.

Who is Danielle Webb?

Danielle Webb, aged 23, has recently published a book about life with dwarfism to help educate children. Danielle, who is 3ft 11.5in (1.2m) tall, said changing the minds of adults was difficult, so her focus was on educating children.

Danielle sadly faces mean comments or laughter from strangers on the street because of her height. Not only this, but she also said she and others like her must navigate a world built for people of average height.

Danielle's book, 'Mummy, there's a new girl', tells the story of a girl who is picked on for her looks before a brave child looks past her differences and learns that size is no big deal. The book is now being developed for the stage by Think-It Theatre in York!



Danielle Webb, pictured above with her book. **Source:** Danielle Webb Twitter

"Whilst my book does focus on dwarfism, everyone can relate to being the new girl, everyone can relate to sometimes feeling like they don't fit in, and everyone can relate to seeing someone, in class, on the street etc. who looks different. Kindness and the message of accepting one another is something that everyone should value, even if you yourself are not impacted by disability or dwarfism."

"I want people to see that, yes, society is different and that's amazing. Let's embrace that. Don't treat anyone differently - we're all human beings."



Paralympian swimmer, Ellie Simmonds.
Source: Shutterstock

What is dwarfism?

Restricted growth, sometimes known as dwarfism, is a condition characterised typically by a height of under 4ft 10in (1.48m) as an adult. There are over 200 types worldwide and around 7,000 people with dwarfism in the UK. **Source:** Little People Charity UK



Share your thoughts on Danielle's campaign and how she is helping to change people's perceptions on dwarfism.



Look at the resource below, which shares some of the adaptations (changes) to life people with dwarfism can make.

Remote controls can be used for turning lights on and off.



Blocks can be attached to the pedals of tricycles. Once you can drive, pedal extenders can be used in cars and other vehicles.



Cushions or booster seats can be used on chairs. A bar fitted to seats can also be useful to use as a step and a footrest.



Step stools can be used to help reach worktop surface, sinks, cupboards.



Zoe, one of the finalists in the BBC's Young Reporter Competition, using a stool at home.
Source: BBC

Can you think of any other adaptations people living with dwarfism might make?

Reflection



Our differences make us who we are - all of us are unique!
Sadly, some people may face challenges and discrimination
because of their differences. It is important to celebrate
and value the uniqueness of others.



How does it make me feel?



 happy	 angry	 excited	 embarrassed
 cold	 hot	 surprised	 tired
 astonished	 upset	 worried	 nervous
 proud	 sad	 confused	 scared
 poorly	 calm	 stressed	 disappointed



Democracy

Danielle has used her voice to help educate others and stamp out prejudice. It is important that we listen so we can understand, learn about, and celebrate our differences.





UN Rights of a Child



We all have rights and shouldn't be treated unfairly no matter who we are, where we live, what language we speak, what our religion is, what we think, what we look like or what our background is.





Knowledge of, and respect for, different people's faiths, feelings and values.

How can we show respect for people's differences?



Understanding the consequences of behaviour and actions.

If you were to point out someone's differences, how might that make them feel?



Use of a range of social skills in different contexts, for example working and socialising with other pupils, including those from different religious, ethnic and socio-economic backgrounds.

We live in a world where people have different cultures, religions, backgrounds etc.

How can we make sure we respect the things that make us all unique?



Respect and attitudes towards different religious, ethnic and socio-economic groups in the local, national and global communities.

Why is it important to respect and celebrate our differences and unique features?