

National Curriculum Requirements for Swimming and Water Safety

Timothy Hackworth Primary School

CRC Article 24: Every child has the right to be healthy.

CRC Article 29: All children have the right to be the best that they can be and to develop their talents to the full.

By the end of Year 6, all children are expected to be able to:

- . Swim competently, confidently and proficiently over a distance of at least 25 metres;
- . Use a range of strokes effectively;
- . Perform safe self-rescue in different water-based situations;

At Timothy Hackworth, 50% of our Year 6 pupils in 2018/19 were able to meet all the above swimming requirements.

In addition to this, our Year 5 and Year 6 pupils attend top-up swimming every academic year. This is alongside the Year 4 swimming programme every week.

Current Swimphony data shows that our school is currently in third position in the local area. This reflects in our 2018/2019 data for Years 3, 5 and 6.

The Fire Service attended a whole school assembly on 12/07/19 to discuss the dangers of water and how to stay safe.

Swimming data for Y6 pupils is unavailable for 2019/2020, 2020/2021 and 2020/22 due to the impact of the CV19 pandemic.

Swimming data for 2022/23 will be available in July as this is being tracked and recorded on Swimphony.

This data will include Year 4 and Year 5 progress, and the percentage of Year 6 children who can swim 25 metres, confidently and competently.

Healthy Lifestyles

At our school we promote healthy and active lifestyles. We increase children's awareness of health and fitness by providing a variety of fruit in EYFS and KS1 classes.

We promote Active 30 within our school so children are active throughout the day.

Coaching and After School Clubs

Our children benefit from quality PE sessions provided by experienced teaching staff and qualified coaches. All our coaching, after school clubs and taster sessions are run by local coaches and sports clubs. Children benefit from being able to continue with these activities in their local community.