

What's happening in the news this week?



Let's have a look at this week's poster!

1st - 7th May 2023



King Charles III



Queen Camilla





Westminster Abbey





The Coronation of King Charles III will take place on Saturday 6th May.

A Coronation is a special ceremony in which a person is crowned and officially becomes a King or Queen.

Next Week is Mental Health Awareness Week

CRC Article 19 – All children have the right to be healthy.



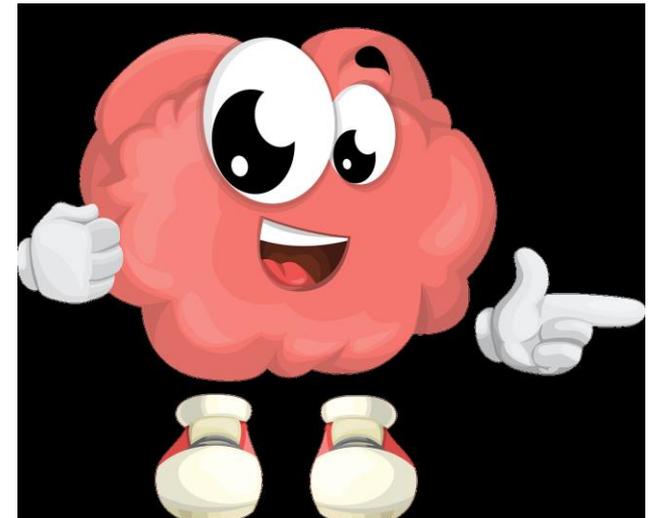
- Everyone has physical health.
- Everyone has mental health.
- It is important to feel healthy on the inside, and healthy on the outside.



Have we all got mental health?

YES!

- Mental health is just as important as physical health.
- Mental health is about feelings, thoughts and emotions.
- It is common for people to experience mental ill health. Just like with physical health, a person needs to get help if this happens.
- Looking after emotional wellbeing helps everyone stay healthy mentally.



Mental Health



Throughout the day, we can experience a range of different emotions. Some of these emotions can make us feel good and some of them can make us feel uncomfortable. It is OK to feel different emotions.

Sometimes, people struggle to manage or cope with uncomfortable emotions. This can affect their thoughts, actions, and mental wellbeing.

If you have any concerns about mental health, or if you feel any uncomfortable emotions, it is important that you speak to an adult you trust.

CRC Article 19 – All children have the right to be safe.

- Who can help us in school if we have a problem?
- Who can we go to if we need to talk to someone if we have a problem?



Good Luck Year 6!



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- Silent
- Straight
- Still



Our Assembly Charter



- Walk sensibly in and out of assembly.
- Cross our legs and keep our arms still.
- Sit quietly and listen.
- Always look at the speaker.
- Set a good example.
- Use your ignore muscle.
- Ignore distractions.
- Put your hand up to answer questions.
- Clap politely to celebrate achievements.

Our School Vision



Our Timothy Hackworth Vision

"May our **Rights Respecting School** be a **happy place** for us all to learn; where every one of us is **valued and safe** in our Timothy Hackworth School Family. May we all be **the best that we can be** by making a **positive difference to each other**, our community in Shildon and the wider world in which we all live."

