Coffee Morning - Supporting Your Children's **Emotional and Wellbeing Needs**

Facilitated by the Piece of Mind Team (Mental Health Support Team)

Come along for a tea / coffee and chat with one of our Education Mental Health Practitioners (EMHPs) to explore different ways to support your child/ren.



- Do you want to know more about what it means to be part of the Piece of Mind (Mental Health Support) Team within your school?
- Are you unsure of what support is available for you / your child/ren?
- Do you want to know more about other services / agencies available and how to access them?
- Does your child often complain of physical symptoms such as: headaches, stomach aches, shaky, hot, and sweaty?
- If you've answered yes to any of these questions or you would just like to have some time to chat, then please come and join us.

We look forward to seeing you at our Timothy Hackworth Coffee Morning on Monday 4th December in the Sure Start Building from 9.00 a.m.

Leah Fletcher - Education Mental Health Practitioner Kim Oldham – Family Navigator Kim Kozlowski - SENDCO-Timothy Hackworth Primary School

Tees, Esk and Wear Valleys Wis



