



## Supporting your child with Autism

Are you a parent/carer of a young person who has been diagnosed or is on the pathway to a diagnosis of autism. This course may be of interest.



This course may also interest professionals or those wanting to seek employment supporting young people with autism.



This **series of 10 workshops** will help you to:

- Get a better understanding of Autism
- Communicate with your child
- Have the information you need to understand your child's sensory needs
- Understand how your child behaves and how to manage their behaviour
- Find your way around education, including the Education Health Care Plan assessment and your rights
- Find out what support is available for you and your family
- Understand how you can keep your child safe, e.g. online safety
- Look after yourself and develop coping skills.



**If you are interested in attending one of our courses, please contact [durhamlearn@durham.gov.uk](mailto:durhamlearn@durham.gov.uk)**