



'Respectful and resilient; being the best that we can be.'

Timothy Hackworth Primary School



6th February, 2026

Children's Mental Health Week 2026

CRC Article 8: All children have the right to an identity.

CRC Article 24: All children have the right to the best possible health.

CRC Article 29: All children have the right to be the best that they can be.



Dear Parents and Carers,

Our school is delighted to be joining with many others around the UK to participate in a very exciting and thought-provoking event.

This year, Children's Mental Health Week will take place from Monday 9th February. As the largest children's mental health charity operating in schools across the UK, Place2Be created the week to empower, equip and give a voice to every child in the UK. This year's theme is This is my Place.

On **Friday 13th February 2026**, your child is invited to come to school in non-uniform on this date. We are celebrating Children's Mental Health Week with a 'come as yourself' day, where children wear can an outfit which makes them feel most comfortable, confident, and like they belong. This could include, for example, cosy clothes, cultural dress, favourite colours, a team strip or just something totally unique to them.

No donations are required for this non-uniform day.

Please be aware that the wearing of jewellery is not allowed in line with our school policy.

Thank you in advance for your support.

Mrs. Boulton

Mrs. Simpson-May

Head Teacher

Deputy Head Teacher

Head Teacher: Mrs. L. Boulton
Deputy Head Teacher: Mrs. S. Simpson-May
Chair of Governors: Mrs. P. Crook

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