

Dear Parent or Carer,

Bikeability Cycle Training

I write to inform you that Year 5 children at **Timothy Hackworth Primary** have been invited to take part in Durham County Council's Bikeability cycle training programme.

The course, taking place on **19th, 20th, 21st, 22nd October, 2026**, will be held during school hours and consists of a single, two-hour session. The courses are delivered by professionally trained, qualified, and registered instructors and each participant will receive a certificate and badge at the end of the course.

The aim of the course is to improve skills and road craft and, as such, **all participants must be able to ride a bike to a basic standard.**

All bikes must be in a safe and roadworthy condition. The bikes will be checked for roadworthiness before the start of training and any defects reported back to parents in order that they may be rectified. If the bike was manufactured with two brakes, they both must be present at the time of training. **If a bike is not deemed to be roadworthy, the child will not be able to take part in training until repairs are carried out or a replacement bike is made available.** A video guide showing how to check a bike's roadworthiness is available at https://youtu.be/E8naImxHz_s?t=63.

All children wishing to take part in the course must wear a cycle helmet during training. If you are buying a helmet, make sure it has the EU standard number BS EN 1078: 1997. A limited number of helmets may be available for loan. Hi-visibility waistcoats will be provided and worn throughout the training, but the children will need to wear suitable warm / waterproof clothing.

Please scan the adjacent QR code and complete the online form ([Click Here](#)) if you wish your child to take part in the training. **Please be aware that children can only receive this vital training if you complete and submit the online form.** If you do not have access to the Internet, please contact the school or the [Bikeability Officer](#) (03000 268169).



Should you have any queries or concerns regarding the training, please do not hesitate to contact the Road Safety Section on 03000 268169.

For more information on Bikeability visit:
<https://www.bikeability.org.uk/get-cycling/cycle-training-for-children/>