

Parents – Online Safety

This presentation is for parents and adults only

(It contains a video and needs sound)

A close-up photograph of a single, vibrant yellow daisy flower with a bright orange center, growing out of a deep crack in parched, cracked brown soil. The background shows more of the cracked earth, emphasizing the flower's resilience in a harsh environment.

**Helping your
children stay
safe...**

**Building Digital
Resilience**

A close-up, slightly blurred photograph of a desk. In the center is a white disposable coffee cup with a brown lid. To its left is a white bowl containing some food. Above the cup are several sheets of paper, one of which has a pen resting on it. To the right of the cup is a bright green sticky note. The background shows a person's arm in a red sleeve. The overall lighting is soft and indoor.

Life in 'likes'

Children's Commissioner report into
social media use among 8-12 year olds

From the Children's Commissioners report...

How I stay safe online:

Parents and schools had successfully ingrained messages in children about online safety from known risks such as predators and strangers. Yet children were less aware of how to protect themselves from other online situations that could affect their mood and emotions.

Video on this page

Length of Time

Consider

- **Where children access devices – much harder to control when in bedrooms!**
- **Some parental control apps limit time**

Settings – internetmatters.org

The screenshot shows the website's header with the logo on the left, navigation links for 'About us' and 'Contact us', and social media icons for Facebook, Twitter, and YouTube. A search bar is located on the right. Below the header is a horizontal menu with links for 'ISSUES', 'ADVICE', 'CONTROLS', 'HUB', 'SCHOOLS', 'CHRISTMAS', and 'REPORT ISSUE'. The main content area features a blue heading: 'Protect your kids by activating simple parental controls around your home'. Below this is a large red-outlined house icon. Inside the house, a Wi-Fi router is positioned in the attic. The main floor is divided into four rooms: 'DEVICES' (containing a tablet and smartphone), 'ENTERTAINMENT' (containing a laptop with a play button), 'GAMING' (containing a game controller), and 'MOBILE' (containing a smartphone). A blue button at the bottom of the house says 'GET PROTECTED NOW >'. The background shows a grey silhouette of a city street with houses and a street lamp.

Discussion – knowing their apps and games

Talk....

- *What is your favourite game or app?*
- *Show me what you watched today...*
- *What is the best thing on your tablet?*

Good Digital Citizen

- Help your child to be nice to others on line
- Make sure that they can share any worries with you
- Online bullying is still very worrying for many children

Assertiveness

- Don't be afraid to say no.
- Discuss boundaries with other parents – children will try and play off against each other ... “ Billy is allowed his X Box until midnight !!! “

Don't forget...

- **Most children enjoy using technology without big problems**
- **Keep an eye on your own safety – it is easy to become a victim of cybercrime. Use strong passwords and beware of scam texts and e-mails.**
- **Enjoy your children's assembly**